### Course Number
Course Name

NURS 4460

### Credit Value
(Breakdown of theory and lab credits)

2 (2T + 0L)

### Catalog Course Description

This course examines communication techniques, coaching, and teaching strategies, to enhance and facilitate cognitive and behavioral change. Students demonstrate principles of Integral Nurse Coaching and Motivational Interviewing. Students design an evidence-based teaching project.

### Student Learning Outcomes/Objectives /Competencies of the Course

1. Define the role of effective communication in the broad context of integral nursing practice.
2. Develop the use of self as a therapeutic tool for effective communication.
3. Describe the impact of one’s own being, perceptions, values, and culture on the communication process.
4. Demonstrate effective communication techniques based upon Integral Nurse Coaching and Motivational Interviewing.
5. Identify learning styles and learner characteristics that influence the selection of teaching strategies.
6. Design an evidence-based teaching project.
7. Apply evaluation criteria to teaching/learning activities.

### College-Wide Student Learning Outcomes (General Education courses only)

NA

### Program Student Learning Outcomes measured

The Program Student Learning Outcomes assessed in this course are:

#3. Communicate effectively from a relationship-centered care perspective involving Patient-Practitioner, Community-Practitioner, and Practitioner-Practitioner relationships.

#10. Utilize integral coaching strategies in relation to client-centered goals.

The assessment tools (assignments) used to measure the outcomes are:

PSLO #3 Teaching Project Proposal
PSLO #10 Integral Health Coaching Demonstrations.