



## FYEX 1110 SYLLABUS

<b>Course Number</b> <b>Course Name</b>	FYEX 1110 First-Year Seminar
<b>Credit Value</b> <b>(Breakdown of theory and lab credits)</b>	3 (3T + 0S)
<b>Catalog Course Description</b>	This course is designed to help students achieve greater success in college and in life. Students will learn many proven strategies for creating greater academic, professional, and personal success. Topics may include career exploration, time management, study and test-taking strategies to adapt to different learning environments, interpersonal relationships, wellness management, financial literacy, and campus and community resources. Student Learning FYEX 1111. Introduction to University
<b>Course Student Learning Outcomes/Objectives /Competencies</b>	<ol style="list-style-type: none"> <li>1. Recognize the ways in which s/he is responsible for her/his own experience in education.</li> <li>2. Identify, locate, and utilize available campus resources essential for academic success.</li> <li>3. Create long- and short-term goals associated with student success and career planning.</li> <li>4. Implement time management techniques to organize the semester's workload.</li> <li>5. Develop strategies to use individual strengths to succeed and reflect upon coursework and course progress in multiple classes to alter academic behaviors and create deeper meaning and learning.</li> <li>6. Apply the skills essential for analyzing and solving problems in her/his academic, professional, and personal life, which may include financial literacy and wellness management.</li> <li>7. Develop and apply essential skills such as reading, taking notes, studying, memorizing, taking tests, and self-management skills necessary for college success.</li> <li>8. Identify and revise self-defeating patterns of behavior, thought, and emotion as well as unconscious limiting beliefs.</li> <li>9. Develop supportive relationships with members of the campus community.</li> <li>10. Develop essential reading, writing, and critical thinking skills used in study and in research.</li> <li>11. Demonstrate understanding of how to use the computer for academic purposes, including learning management systems, email communications, research databases, degree audit, and other online resources.</li> </ol>
<b>College-Wide Student Learning Outcomes measured (General)</b>	

# NORTHERN NEW MEXICO COLLEGE



<b>education courses only)</b>	
<b>Program Student Learning Outcomes measured</b>	Students are introduced to SLO 3: Demonstrate awareness of a liberal arts education.