## Course Number
HUM 2160

## Course Name
Foundations of Integrated Studies

## Credit Value
3 Theory

## Catalog Course Description
In the so-called real world, many problems are far too complex for any single discipline to tackle alone. Take global warming. Predicting changes in weather patterns involves meteorologists, geologists, oceanographers, and chemists. In order to solve the economic problems caused by global warming politicians are working with scientists, environmentalists, and business leaders. Even these efforts are far too limited. Similarly, understanding the psyche requires a complex approach, involving many different points of view. The inner climate of a human being is at least as complicated as the weather. What we call "Integrated Studies" is a process of answering questions, solving problems, or addressing topics that are too complex to be dealt with adequately by a single discipline, tradition, or point of view. Integrated Studies teaches us how to reach beyond the artificial boundaries of the classroom. It also teaches us how to spot the blind spots of each viewpoint or discipline.

## Student Learning Outcomes/Objectives/Competencies of the Course
In this course, you will learn the basic principles of interdisciplinary work. You will also learn about the problems you will encounter when trying to integrate knowledge from different disciplines. At Northern New Mexico College, the Integrated Studies program consists of three inter-related concentrations: humanities, psychology, and Pueblo Indian Studies. In this course you will be introduced to your specific degree plan and learn how your own field can be strengthened by integrating knowledge from other disciplines. As a gateway course to the Integrated Studies program, this class will lay a foundation for your B.A. In addition, you will learn to 1. understand the nature of academic disciplines; 2. solve complex problems through integrating conflicting insights from more than one tradition, perspective, or discipline; 3. take into account your own personal and disciplinary bias; 4. learn to identify the strengths and weaknesses of each discipline or perspective.

## College-Wide Student Learning Outcomes
HUM 2160 learning objectives align with the following NNMC College Wide Goals:
1. Communication (SLO’s 1, 5, 7, and 8)
2. Critical Thought (SLO’s 2, 3, 4, and 6)
3. Information Literacy (SLO’s 7 and 8)
4. Cultural Competence (SLO’s 2 and 3)