



TITLE V CASSA PROJECT

**NNMC
COUNSELING
SERVICES**

**FREE AND
CONFIDENTIAL**

TEC OFFICE # 213

CALL 505-747-5064 FOR AN
APPOINTMENT OR FOR MORE
INFORMATION

Counseling is an opportunity to solve problems and learn new skills. Students can utilize counseling services to address issues such as:

Depression, anxiety, stress, PTSD, anger management, test anxiety, family issues and alcohol and drug concerns.

Off-campus resources and referrals are available. Counseling may be brief or on-going, depending on the needs of the individual. Counseling services are provided by licensed professional clinical counselors.

**New Mexico Crisis Line 1-855-662-7474, 1-855-227-5485 (TTY).
Warm Line 1-855-466-7100 to
access peer support**

**National Suicide Prevention Lifeline 1-800-273-8255 For domestic violence,
contact Esperanza Shelter 800-473-5220.
Crisis Center of Northern NM 800-206-1656, PeaceKeepers 505-753-4790**

**Support regarding rape or sexual assault,
contact Solace Crisis Treatment Center at
800-721-7273**