

NORTHERN NEW MEXICO COLLEGE



Course Number Course Name	PHED 1210, Basketball
Credit Value (Breakdown of theory and lab credits)	1 Studio
Catalog Course Description	Instruction and participation in the game of basketball, including rules, skills, shots, and strategies. (1, 0T+1S)
Student Learning Outcomes/Objectives /Competencies of the Course	<p>Student Learning Outcomes: At the end of this course the student will learn:</p> <ol style="list-style-type: none"> 1. Basic foundations of basketball motor skills. 2. 3 to 5 dribbling combinations. 3. Free throw shooting and intermediate range shooting drills. 4. Fitness conditioning through drills and games. 5. Rules, fundamentals, and skills of basketball. 6. How to correctly execute required skills and techniques. 7. How to use equipment/facilities safely. 8. How kinesiology relates to a healthy individual lifestyle. 9. Different strategies of the game.
College-Wide Student Learning Outcomes	<p>PHED 1210 learning objectives align with the following NNMCC College Wide Goal:</p> <p><i>Cultural Competence:</i></p> <ul style="list-style-type: none"> • <i>Students are required to work with distinct cultures and identities</i>