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Welcome

On behalf of the faculty and staff of Northern New Mexico College (NNMC)/Department of Nursing and Health Sciences/Registered Nurse to Baccalaureate of Science in Nursing (RN to BSN) Program, we would like to extend a warm welcome to each of you.

We are confident that the education you receive during your student experience at NNMC will prepare you to meet the complex challenges faced by nurses in today’s healthcare arena.

The RN to BSN Program is now offering a fully online nursing curriculum. We believe that providing a fully online nursing curriculum will best meet the needs of working nurses who wish to pursue the baccalaureate degree in nursing.

Please keep us informed of your concerns, activities, and accomplishments throughout each semester. Additionally, please share with us your ideas about how we can best serve you so that together we can make this educational experience not only productive but gratifying as well.

We look forward to working with you during this academic year and will do all that we can to facilitate a meaningful learning experience for you.

Once again, Welcome--- and best wishes as you pursue your educational goals!

Sincerely,

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INTRODUCTION
Department of Nursing and Health Sciences/RN to BSN Program
Student Handbook

The 2019-2020 RN to BSN Program Student Handbook (Handbook) has been developed to provide you with essential information specific to the RN to BSN Program. The Northern New Mexico College (NNMC) RN to BSN Program (Program) abides by all policies, procedures, and information provided in the current NNMC Student Handbook and the NNMC College Catalog. This Handbook is intended to supplement the NNMC publications noted above and provide you with additional policies and information specific to you, the RN to BSN Program student.

Please read the Handbook carefully. If any areas are unclear to you, please seek clarification with your instructor, the Associate Director for the RN to BSN Program, or the Chair of the Department of Nursing and Health Sciences. Please keep this Handbook available for reference as you progress through the nursing program.

Please Note:
The policies, procedures, requirements, regulations, and guidelines, as presented in the RN to BSN Handbook are continually subject to review in order to serve the needs of NNMC, the students, the Department of Nursing and Health Sciences/RN to BSN Program, the agencies in which students practice, and the community. Changes in programs, policies, procedures, requirements, and/or regulations may be made without advance notice. Students will be informed of these changes by written announcements in class, on bulletin boards, on the Program website, and/or by electronic or regular mail.

The Department of Nursing and Health Sciences reserves the right to add, amend, or cancel any of its programs, regulations, rules, and policies/procedures in whole or in part, at such time as it may choose and for any reason.

Every effort has been made to insure the accuracy of information in the Handbook. Students are advised, however, that such information is subject to change without notice, and that they should consult with the Chair of the Department of Nursing and Health Sciences for current information.

Information in the Handbook does not constitute a contract between the NNMC Department of Nursing and Health Sciences and a student or an applicant for admission.

The entire contents of this Handbook apply to all students enrolled in the RN to BSN Program. The student is responsible for understanding and abiding by all of the information in this Handbook and for the academic policies stated in the NNMC Student Handbook and College Catalog.
## Faculty and Staff
Department of Nursing & Health Sciences
RN to BSN Program

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<th>Title</th>
<th>Contact Information</th>
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- The Chair of the Department of Nursing and Health Sciences is responsible for all matters pertaining to the Department of Nursing and Health Sciences and the RN to BSN Program.
- The Associate Director of the Program is responsible for curriculum development and implementation, program evaluation, student advisement, supervision and evaluation of full-time and adjunct faculty.
- The Clinical Coordinator works in collaboration with faculty and students to coordinate all aspects of the student clinical practicum experience, and act as a liaison with clinical sites.
- The Administrative Assistant is responsible for assisting nursing administrators, faculty, and students with clerical and administrative activities.
- Full-time and part-time RN to BSN faculty schedule regular office hours and are responsible for classroom and clinical instruction, student advisement, and student evaluation.
- Adjunct RN to BSN Program faculty works part-time and is responsible for classroom instruction, clinical instruction, and student evaluation. While available for individual appointments, they do not schedule office hours.
OVERVIEW

NORTHERN NEW MEXICO COLLEGE
DEPARTMENT OF NURSING & HEALTH SCIENCES
RN to BSN PROGRAM

The NNMC RN to BSN Program was founded in 2008 in response to a voiced need from within the community for a nursing program that would allow local nurses to pursue a baccalaureate degree in nursing while continuing to live close to home. Rio Arriba County, the home of NNMC, celebrates a Hispanic and Indigenous population of close to 80%. Many community members continue to practice ancient healing traditions alongside traditional allopathic methods. Community nurses have long expressed a desire to meet and respect the needs of these community members while providing nursing care in the hospital and community. The NNMC RN to BNS Program was birthed as a result of these two needs. In addition, community support of complementary and alternative medicine provided a strong foundation for the development of an integral, integrative, holistic nursing program.

The RN to BSN Program reflects the mission and vision of NNMC through the implementation of a baccalaureate nursing program that fosters the development of holistic, integrative, and integral nurses. While honoring a traditional nursing education, the RN to BSN Program provides a unique and innovative nursing curriculum based upon the Theory of Integral Nursing (Dossey & Keegan, 2013), as well as the American Holistic Nurses Association/American Nurses Association (AHNA/ANA) Holistic Nursing: Scope and Standards of Practice (2007, 2013). The philosophies that provide the foundation for these publications are woven throughout each nursing course. RN to BSN faculty honor a tradition of nursing excellence, while also incorporating innovative ideas in nursing education and other disciplines.

NORTHERN NEW MEXICO COLLEGE (NNMC)

NNMC VISION

Northern New Mexico College is a Hispanic and Native American serving comprehensive institution that will be recognized nationally for cultural sustainability, quality student learning and developing economically strong communities among diverse populations.

NNMC MISSION

The mission of Northern New Mexico College is to ensure student success by providing access to affordable community-based, learning opportunities that meet the educational, cultural and economic needs of the region.

RN TO BSN PROGRAM

RN to BSN PROGRAM VISION

The Program will become regionally recognized as one that provides an innovative opportunity for Registered Nurses to excel in the provision of holistic integral nursing care.
RN to BSN PROGRAM MISSION
The Program provides a quality learning opportunity that prepares integral nurses who embrace and practice holistic, relationship-centered care that addresses individual and collective health.

RN to BSN PROGRAM DESCRIPTION
The Program is designed for and limited to individuals who are licensed as registered nurses (RN) in the United States. This Program is designed to articulate with many two-year Associate Degree Nursing (ADN) programs. The Program prepares Registered Nurses to assume leadership roles as an integral nurse at the bedside, within an organization, in the community, and in the profession. The Program provides a unique and innovative nursing curriculum that is based upon the Theory of Integral Nursing (Dossey, 2009, 2013). Through an integrative care focus, this Program prepares nurses to provide holistic, intentional, relationship-centered care that addresses individual and collective health.

The Program requires 126-128 semester hours of credit for graduation. Forty credits of lower-division courses, to include nursing courses from an Associate Degree in Nursing program, will be applied toward the BSN degree. Four-six credits of Pathophysiology (either lower- or upper-division, microbiology with a lab, and nutrition courses must be completed. Students must then complete a total of forty credits of upper-division courses (courses numbered 300s and 400s): 32 nursing credits and 8 elective credits.

Applicants seeking admission to the Program should be committed to engaging in intentional, caring, reflective practice that involves continuous self-assessment and holistic self-care. As ethical, professional, critical thinkers, students are expected to examine personal beliefs, attitudes, and values, and to engage in authentic dialogue. Students will interact with faculty, students, and clients from diverse backgrounds. Students seeking admission to this Program should consider their career focus and personal values in terms of congruence with the theoretical framework of the Program.

All faculty in the Program view RN students as co-learners and colleagues. Adult learning principles inform teaching and learning strategies. Previous education in preparation for licensure as a RN serves as the foundation for the Program content. Working students are encouraged to apply to the Program. However, because self-care and reflective practice are an integral part of the Program, students are encouraged to give attention to time constraints and schedules that would preclude attainment of these objectives.

The upper division nursing courses are offered in a fully online format. Students may complete the required general education and support courses in their home community and then complete the upper division nursing courses at Northern. The last 30 credits of the program must be taken at Northern in order to meet Northern’s graduation requirement.
RN to BSN PROGRAM CONCEPTS

The following concepts are explicated in the Theory of Integral Nursing that provides the theoretical framework for the program curriculum and learning experiences. While selected concepts are the focus of certain courses, each of the following is emphasized throughout the program.

**Theory of Integral Nursing**

The Theory of Integral Nursing, developed by Dr. Barbara Dossey (2010, 2013) is a comprehensive and contemporary way of organizing phenomena of concern to nurses. It is designed to complement principles of holistic nursing, human caring, and healing. The Theory of Integral Nursing presents a comprehensive model related to the complexity of wholeness and how to simultaneously address the health and well-being of nurses, the healthcare team, patients, families and communities, and the healthcare system. It includes a global perspective and the role that nurses have in collectively shaping a healthy world.

The Theory of Integral Nursing incorporates concepts from the philosophies and fields of chaos, spiral dynamics, spirituality, complexity, systems, holistic nursing theories, and others. It is based on an integral philosophy and worldview. Integral is defined as a comprehensive way to organize multiple phenomena of human experience and reality in four areas: the individual interior (personal/ intentional), individual exterior (physiology/behavioral), collective interior (shared/cultural), and collective exterior (systems/structures).

From these four areas emerge four integral principles of nursing. The individual interior is the “I” of nursing, and the collective interior is the “We” of nursing. The individual exterior is the “It” of nursing, and the collective exterior is the “Its” of nursing. Each area is an essential component of health and well-being.

The following diagram briefly depicts how the integral model is applied to the Program at NNMC.
### Theory of Integral Nursing Applied to RN to BSN Program

<table>
<thead>
<tr>
<th>INDIVIDUAL INTERIOR (personal/intentional)</th>
<th>INDIVIDUAL EXTERIOR (physiology/behavioral)</th>
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<tr>
<td>Selected topics: Critical thinking, lifelong learning, self-care, spirituality, emotional intelligence, patterns of knowing, intention, self-confidence, presence, centering, active listening, relaxation, guided imagery, visualization, reflective practice</td>
<td>IT Selected topics: Cellular biology, pathophysiology of addictions, quantitative research process, physical examination, mental status exam, learner characteristics, neurologic system, pulmonary system</td>
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<tr>
<th>COLLECTIVE INTERIOR (shared/cultural)</th>
<th>COLLECTIVE EXTERIOR (systems/structures)</th>
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<tr>
<td>WE Selected topics: Relationship-centered care, nurse as environment, qualitative research process, cultural diversity, community partnerships, integral health coaching, motivational interviewing, appreciative inquiry</td>
<td>ITS Selected topics: Health care reform, legislative process, quality care management, health care financing, health care delivery systems, health disparities, global warming, sustainability, epidemiology</td>
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### Healing

Healing is a lifelong journey into wholeness. Healing is a process of bringing together aspects of oneself (body-mind-emotions-spirit-environment), family, community, and global relations at deeper levels of harmony and inner knowing leading towards integration and balance. Each aspect has equal importance and value. Healing can lead to more complex levels of personal understanding and meaning. Healing may occur with curing of symptoms, but it is not synonymous with curing (AHNA/ANA, 2007, 2013).

### Health

Health is an individually defined state or process in which the individual (nurse, client, family group, or community) experiences a sense of well-being, harmony, and unity such that subjective experiences about health, health beliefs, and values are honored. Health is a process of becoming an expanding consciousness (AHNA/ANA, 2007, 2013).

### Health promotion

Health promotion includes activities and preventive measures to promote health, increase well-being, and actualize human potential of individuals, families, communities, society, and ecology such as immunizations, fitness programs, breast self-exam, appropriate nutrition, relaxation, stress management, social support, prayer, meditation, healing rituals, cultural practices, and promoting environmental health and safety (AHNA/ANA, 2007, 2013).

### Holistic nursing

Holistic nursing embraces all nursing, which has enhancement of healing the whole person from birth to death and all age groups from infant to elder - as its goal. Holistic nursing recognizes that there are two views regarding holism: that holism involves identifying the interrelationships of the bio-psycho-social-spiritual dimensions of the person, recognizing that the whole is greater than the sum of its parts; and that holism involves understanding the individual as unitary whole in mutual process with the environment. Holistic nursing responds
to both views, believing that the goals of nursing can be achieved within either framework (AHNA/ANA, 2007, 2013).

**Integral**

Integral refers to a comprehensive way to organize multiple phenomenona of human experience and reality in four areas: the individual interior (personal/intentional), individual exterior (physiology/behavioral), collective interior (shared/cultural), and collective exterior (systems/structures) (Dossey, 2009, 2010, 2013).

**Integral dialogue**

Integral dialogue is a transformative and visionary exploration of ideas and possibilities across disciplines where the individual interior (personal/intentional), individual exterior (physiology/behavioral), collective interior (shared/cultural), and collective exterior (systems/structures) are considered as equally important to exchanges and outcomes (Dossey, 2009, 2010, 2013).

**Integral healthcare**

Integral healthcare is a patient-centered and relationship-centered caring process that includes the patient, family, and community; traditional and integral healthcare practitioners; conventional, integrative, and integral healthcare services and interventions. It addresses all four areas: individual interior (personal/intentional), individual exterior (physiology/behavioral), collective interior (shared/cultural), and collective exterior (systems/structures) (Dossey, 2009, 2010, 2013).

**Integral nurse**

An integral nurse is a nurse who embraces and applies the principles of integral nursing to professional practice. Dossey (2009, 2010, 2013) refers to the integral nurse as a 21st century Nightingale engaged as a “health diplomat” and a “health coach” who “coaches for integral health through social action and sacred activism.

**Integral nursing**

Integral nursing is professional nursing practice that utilizes a comprehensive integral worldview and process. It embraces and transcends holistic nursing theories leading to an enlarged holistic understanding of body-mind-emotions-spirit-environment connections. Integral nursing leads to knowing, doing, and being at more comprehensive and deeper levels (Dossey, 2009, 2010, 2013).

**Integral worldview**

An integral worldview is a way of viewing the world and nursing practice from an individual interior (personal/intentional), individual exterior (physiology/behavioral), collective interior (shared/cultural), and collective exterior (systems/structures) perspective. An integral worldview allows one to holistically examine and include the values, beliefs, assumptions, and judgments that are embedded in each of the four areas. It provides an overall framework for orienting personal meaning, connection, and purpose to professional nursing practice (Dossey, 2009, 2010, 2013).
Integrative nursing
Integral, integrative, and holistic nursing practice encompasses approaches to care and healing and supports the blending of conventional nursing practice with practices originating outside of nursing, affirms the relationship between provider and patient, focuses on the whole person, is informed by research and evidence, and utilizes all appropriate therapeutic healthcare professionals and disciplines, and therapeutic approaches to achieve optimal health and healing from a comprehensive integral worldview and process (Dossey, 2009, 2010, 2013).

Intention
Intention is conscious awareness of one’s purpose and objective. Intention is a major aspect of holistic/integral nursing practice (AHNA/ANA, 2007, 2013). Intending for the wholeness, well-being, and highest good of all plays an important role in the course of health and well-being of self and clients.

Presence
Presence is the essence of nursing care. It is a way of being that utilizes the nurse as an instrument of healing (Dossey & Keegan, 2009, 2013). Being present is approaching an individual in a way that respects and honors the essence of another, while also honoring the essence of self. It is relating in a way that reflects a quality of being with and in collaboration with, rather than doing to. It is entering into a shared experience that promotes healing potential and an experience of well-being (AHNA/ANA, 2007, 2013). Presence involves believing in inherent wholeness, whatever the current situation.

Relationship-Centered care
Relationship-Centered Care is a process model of caregiving based in a vision of community where three types of relationships are identified: 1) Patient-Practitioner Relationship, 2) Community-Practitioner Relationship, and 3) Practitioner-Practitioner Relationship. Each of these interrelated relationships is essential within an integral system of health care no matter where the health care is provided. Each component involves a unique set of responsibilities and tasks that addresses three areas - knowledge, values, and skills (Tresolini & Pew as cited in AHNA/ANA, 2007, 2013).

Self-care
Self-care involves the conscious and deliberate integration of practices that promote physical, mental, emotional, social, and spiritual well-being of self. Holistic/integral nurses value themselves and mobilize the necessary resources to care for themselves. Nurses best facilitate healing when they are in the process of healing themselves by attending to their own well-being (AHNA/ANA, 2007, 2013; Dossey & Keegan, 2009, 2013).
**RN to BSN PROGRAM STUDENT LEARNING OUTCOMES**

Graduates of the RN to BSN Program will:

1. Use the Theory of Integral Nursing and the American Holistic Nurses Association and the American Nurses Association *Holistic Nursing Scope and Standards of Practice* (2013) to provide integral and holistic nursing care in a variety of settings.
2. Demonstrate critical thinking skills from an “I”, “It”, “We”, “Its” integral perspective.
3. Communicate effectively from a relationship-centered care perspective involving Patient-Practitioner, Community-Practitioner, and Practitioner-Practitioner relationships.
4. Conduct integral holistic health assessments in relation to client needs.
5. Apply concepts of integral nursing to a personal plan for holistic self-care.
6. Integrate and apply knowledge to support individual and collective health.
7. Analyze the links between and among individual, community, and global health issues from an integral world view.
8. Analyze and utilize research findings to facilitate individual and collective health.
9. Demonstrate the role of the integral nurse as change agent in regards to current health policy issues.
10. Utilize integral coaching strategies in relation to client-centered goals.
11. Apply transformational leadership principles to professional nursing practice.
12. Integrate selected complementary/alternative health practices into professional nursing practice.
13. Demonstrate commitment to lifelong learning to facilitate personal and professional development.

**PROFESSIONAL NURSING STANDARDS**

**Standards of Nursing Care**

To ensure that safe and competent care is provided in the clinical setting, students are expected to abide by the standards of nursing care legally defined by their respective state Nurse Practice Acts. Clinical settings include, but are not limited to, virtual classrooms, observational sites, community agencies, and other off campus locations where professional nursing activities occur (such as professional meetings).

**Professional Nursing Standards**

The curriculum and expected student outcomes of the Program are based on and consistent with established professional nursing standards and guidelines, specifically the American Association of Colleges of Nursing’s (AACN) *The Essentials of Baccalaureate Education for Professional Nursing Practice* (the Essentials) (2008) and the American Holistic Nurses Association/American Nurses Association *Holistic Nursing: Scope and Standards of Practice* (2007, 2013).
The Essentials of Baccalaureate Education for Professional Nursing Practice (2008)

The nine AACN Essentials of Baccalaureate Education are:

Essential I: **Liberal Education for Baccalaureate Generalist Nursing Practice**
- A solid base in liberal education provides the cornerstone for the practice and education of nurses.

Essential II: **Basic Organizational and Systems Leadership for Quality Care and Patient Safety**
- Knowledge and skills in leadership, quality improvement, and patient safety are necessary to provide high quality health care.

Essential III: **Scholarship for Evidence Based Practice**
- Professional nursing practice is grounded in the translation of current evidence into one’s practice.

Essential IV: **Information Management and Application of Patient Care Technology**
- Knowledge and skills in information management and patient care technology are critical in the delivery of quality patient care.

Essential V: **Health Care Policy, Finance, and Regulatory Environments**
- Healthcare policies, including financial and regulatory, directly and indirectly influence the nature and functioning of the healthcare system and thereby are important considerations in professional nursing practice.

Essential VI: **Interprofessional Communication and Collaboration for Improving Patient Health Outcomes**
- Communication and collaboration among healthcare professionals are critical to delivering high quality and safe patient care.

Essential VII: **Clinical Prevention and Population Health**
- Health promotion and disease prevention at the individual and population level are necessary to improve population health and are important components of baccalaureate generalist nursing practice.

Essential VIII: **Professionalism and Professional Values**
- Professionalism and the inherent values of altruism, autonomy, human dignity, integrity, and social justice are fundamental to the discipline of nursing.

Essential IX: **Baccalaureate Generalist Nursing Practice**
- The baccalaureate-graduate nurse is prepared to practice with patients, including individuals, families, groups, communities, and populations across the lifespan and across the continuum of healthcare environments.
- The baccalaureate graduate understands and respects the variations of care, the increased complexity, and the increased use of healthcare resources inherent in caring for patients.

The Essentials emphasize such concepts as patient-centered care, interprofessional teams, evidence-based practice, quality improvement, patient safety, informatics, clinical reasoning/critical thinking, genetics and genomics, cultural sensitivity, professionalism, lifespan, and end-of-life care.
Holistic nursing incorporates complementary and alternative modalities (CAM) and predominantly focuses on protecting, promoting, and optimizing health and wellness, assisting healing, preventing illness and injury, mitigating suffering, and supporting people to find and experience peace, comfort, harmony, balance, and well-being.


The five AHNA/ANA core values are: (AHNA/ANA, 2019)

Core Value 1. Holistic Philosophies, Theories, and Ethics  
Core Value 2. Holistic Nurse Self-Reflection, Self-Development, and Self-Care  
Core Value 3. Holistic Caring Process  
Core Value 4. Holistic Communication, Therapeutic Relationship, Healing Environments, and Cultural Care  
Core Value 5. Holistic Education and Research

The six AHNA/ANA Standards of Practice for Holistic Nursing are:

Standard 1. Assessment  
Standard 2. Diagnosis  
Standard 3. Outcomes Identification  
Standard 4. Planning  
Standard 5. Implementation  
  Standard 5A: Coordination of Care  
  Standard 5B: Health Teaching and Health Promotion  
Standard 6: Evaluation

The nine AHNA/ANA Standards of Processional Performance for Holistic Nursing are:

Standard 7. Ethics  
Standard 8. Culturally Congruent Practice  
Standard 9. Communication  
Standard 12. Education  
Standard 13. Evidence-Based Practice and Research  
Standard 14. Quality of Practice  
Standard 15. Professional Practice Evaluation  
Standard 16. Resource Utilization  
Standard 17. Environmental Health

Taken together the Core Values, Standards of Practice and Professional Performance encompass and reflect the perspectives and priorities of the practice of holistic nursing. The Program embraces these core values and standards and emphasizes healing of the whole
person, the interconnectedness of body, mind, emotion, spirit, society/culture, relationships, context, and environment.

ACCREDITATION STATUS

The Commission on Collegiate Nursing Education (CCNE)

The RN to BSN Program at Northern New Mexico College is accredited by the Commission on Collegiate Nursing Education (CCNE), One Dupont Circle NW, Suite 530, Washington, DC 20036, (202) 887-6791.

The four CCNE Standards and related Key Elements are presented in Appendix A.

ADMISSION AND PROGRESSION POLICIES

Admission Requirements

Application to the RN to BSN Program differs from, and is in addition to, application to Northern New Mexico College (NNMC). Nursing applicants must obtain "Regular" admission to NNMC to be considered for the RN to BSN Program. Directions for college admission are located in the school catalog available online at http://www.nnmc.edu.

In order to eligible for admission to NNMC’s RN to BSN Program, you must meet the following criteria:

1. Hold a valid license as a registered nurse (RN).
2. Have completed an Associate Degree in Nursing (ADN) program or a Nursing Diploma program.
3. Apply and be accepted to Northern New Mexico College.
4. Submit official transcripts from all previous college/universities to the Registrar’s Office for official evaluation.
5. Cumulative GPA of 2.0
6. Submission of a RN to BSN Program Application.

Once accepted into the Program you must:

1. Be proficient in computer skills, to include internet research, word processing, and email.
2. Communicate effectively, both orally and in writing, using appropriate grammar, vocabulary, and word usage.
3. Earn a grade of “C” or higher in all NURS pre-fix coursework.
4. Once admitted, all students in the Program must maintain a current license to practice nursing, provide evidence of appropriate immunizations, a criminal background check, and a drug screen.
Transfer of Credit

Students transferring to NNMC are subject to the same admission and progression requirements as other students. Please see the Catalog for detailed information regarding Admission, Transfer Students, Declaring a Major, Readmission, and Baccalaureate Programs.

The Registrar and the Associate Director and/or Chair of the Department of Nursing & Health Sciences will evaluate academic transcripts and completed course work. Transfer of credit for Nursing (NURS) courses taken at other institutions will be evaluated for equivalency based on transcripts, articulation agreements, course syllabi, or other pertinent and appropriate materials such as course outlines, and catalogues. All general education transferred courses must be completed with a grade of “C-” or better; All NURS pre-fix courses must be completed with a grade of “C” or better.

1. Graduates of Associate Degree Nursing programs can transfer lower-division credits to NNMC. Official transcripts must be sent to the Office of Admissions, which will evaluate and accept coursework.
2. Credit earned in a nursing diploma program will be evaluated on an individual basis.
3. Graduates of foreign programs who can demonstrate competency through the National League for Nursing (NLN) mobility exam will be eligible to transfer 40 credits of lower division nursing courses.
GENERAL EDUCATION (31 Credits)

**Area I. Communications (6 credits)**
ENGL 1110  Composition I (3)

Choose one of the following two courses:
ENGL 1120  Composition II (3)
ENGL 116  Technical Communications (3)

**Area II. Mathematics (3 credits)**
Required
MATH 1350  Introduction to Statistics (3)

**Area III. Laboratory Science (4 credits)**
Required
BIOL 2210/L  Human Anatomy & Physiology I with Lab (4)

**Area IV. Social/Behavioral Sciences (3 credits)**
PSYC 11110  General Psychology (3)

**Area V. Humanities (3 credits)**
Elective (3 credits)

**Area VI. Fine Arts (3 credits)**
Elective (3)

**Additional 9 credit hours**
Required
SPCH 1130  Public Speaking (3)

Choose one of the following Civics courses (3)
POLS 1110  Introduction to Political Science (3)
POLS 1120  American National Government (3)
CJUS 1110  Introduction to Criminal Justice (3)
HIST 1110  United States History I (3)
HIST 1120  United States History II (3)

Choose one of the following STEMH recommended courses (3)
ENVS 2130  Critical Thinking in Science (3)
PSYC 2120  Developmental Psychology (3) (Required)

**PROGRAM REQUIREMENTS**
**REQUIRED LOWER-DIVISION NURSING COURSEWORK**
Forty credits of lower-division coursework from ADN program will be applied toward the BSN degree.
SUPPORT COURSES (15-17)
NUTR 2110 Human Nutrition (3)
BIOL 2225/L Human Anatomy & Physiology II with Lab (4)
BIOL 2305/L Microbiology for Health Sciences with Lab (4)
Pathophysicsiology (4-6 credits) Can be lower or upper division

RN TO BSN PROGRAM CURRICULUM
A minimum of 40 credits of upper-division courses must be completed, to include 32 credits of required upper-division nursing courses.

NURS 4400 Nursing in Transition and NURS 4401 Integral Nursing Theory must be the first two courses taken in the curriculum. They may be taken concurrently with the following courses: NURS 4410 An Integral Approach to Evidence-Based Practice; NURS 4420 Integral Health Assessment; NURS 4430 Complementary and Alternative Therapies in Nursing; NURS 4440 Health Issues, Policy and Politics in Health Care; NURS 4450 Community and Global Health I.

NURS 4400 Nursing in Transition (2)
NURS 4401 Integral Nursing Theory (3)
NURS 4410 An Integral Approach to Evidence-Based Practice (3)
NURS 4420 Integral Health Assessment (3)
NURS 4430 Complementary & Alternative Therapies in Nursing (3)
NURS 4440 Health Issues, Policy & Politics in Health Care (3)
NURS 4450 Community & Global Health I (3)
NURS 4451 Community & Global Health II (4)
NURS 4460 Integral Communication and Teaching (2)
NURS 4470 Transformational Leadership in Nursing (4)
NURS 4480 Integral Nursing Capstone Course (2)
Electives: 8 credits of upper-division elective with a NURS or IHS prefix, or other approved upper-division course(s).

Total credits 126-128 (Includes a total of 135 clinical hours)
General Education Coursework

Students who have completed an Associate of Applied Science Degree in Nursing at NNMC or at another institution may have additional general education courses and program support courses (nutrition and pathophysiology) to complete. These courses may be completed prior to starting the upper division nursing courses or at the same time. Students are advised to work with a faculty advisor to develop a curriculum plan.

Required nursing courses: Progression

NURS 4400 Nursing in Transition and NURS 4401 Integral Nursing Theory must be the first two courses taken in the curriculum. They may be taken concurrently with the following courses: NURS 4410 An Integral Approach to Evidence-Based Practice; NURS 4420 Integral Health Assessment; NURS 4430 Complementary and Alternative Therapies in Nursing; NURS 4440 Health Issues, Policy and Politics in Health Care; NURS 4450 Community and Global Health I. NURS 4480 must be taken the last semester of the program, as it incorporates work from all previous courses. You must earn a grade of “C” or better in ALL required NURS pre-fix courses in the Program curriculum. Some of the courses in the Program have prerequisites. You must satisfactorily complete each prerequisite course before proceeding to the next course.

Interruption of Progression/ Exit Interviews

Occasionally, students need to leave the Program. This may occur for personal reasons and/or failure to progress with a satisfactory grade. When you leave the Program for any reason, you are requested to schedule an exit interview with the Program Director. In this interview, several things will be discussed including the grade you will receive, reason(s) for leaving the Program, and a process for re-entry.

Data from exit interviews are used to assess strengths and limitations of the Program so that we may better serve students. The exit interview can also be a time to prepare for re-entry. If you are not able to meet in person, please return the survey that will be sent to you or complete the survey via phone with the Dean.

If a student fails the same nursing course a second time resulting in two failures in the Program, the student may be dismissed from the Program.

Students who want to re-enter the Program must notify the Program Director in writing. Include in your request letter the academic term of desired reentry, the date of exit from the Program, the reason for exit, and academic status at the time of withdrawal, reason for wanting to return, and a licensed health care provider’s release (if appropriate). Readmission is based on individual consideration and space availability.

Appeals and Termination

NNMC has a process in place whereby students may appeal decisions made by faculty and others. Please see the Catalog and the current NNMC Student Handbook for more information regarding appeals. The Program follows the NNMC student appeals procedure found in the
current Catalog, Student Handbook, and on the NNMC Web site. These procedures exist primarily to protect your rights and afford you “due process.” It is not appropriate to involve other parties in your issue.

Termination from the Program may result when:
1. You fail to meet the scholastic standards of the Program.
2. You violate published policies in the Catalog, the current NNMC Student Handbook, or this Handbook.
3. You fail to comply with rules and regulations of any affiliating agency.

Graduation

Petitions to graduate must be submitted to the Registrar’s office prior to graduation. Graduation requirements can be found in the College Catalog. Petitions to graduate are initially done online followed by a paper submission. All students petitioning to graduate must have the Petition to Graduate form signed by the Dean of the College of Nursing and Health Sciences.

Residency requirement for graduation: For a baccalaureate degree at Northern you must have earned at least the last 30 credits at Northern. Any exception to this requirement must be approved in writing by the Registrar before your last term at Northern starts.

Graduation Requirements

Prior to graduation students will be required to complete NURS 4480 Integral Nursing Capstone Course. NURS 4480 is completed in the final semester of the program. Students demonstrate how they have met each of the RN to BSN Program Student Learning Outcomes (PSLOs) through the creation of a senior portfolio.

Student Portfolio Requirements

NURS 4480 Integral Nursing Capstone Course

Course Description
This capstone course emphasizes reflection, integration, and synthesis of concepts from previous courses. It is primarily a self-directed course, and is based upon the creation of a senior portfolio which demonstrates learning in cognitive, affective, and psychomotor domains. The portfolio is designed to demonstrate evidence of mastery of program objectives and serves as an assessment of student learning. The portfolio includes evidence of ability to conduct integral health assessments and evidence of ability to develop and implement service learning projects. Students include evidence of skill development in the use of complementary/alternative therapies in nursing practice. A reflective essay and a plan for continued professional and personal development is included in the portfolio. Prerequisites: All Nursing courses.

Senior Portfolio
Throughout the RN to BSN Program you will complete assignments that are identified in selected course syllabi as a component of the student portfolio required for the Integral Nursing Capstone Course. These assignments are in “bold” in the respective course syllabi. The major outcome of NURS 4480 is the creation of a student portfolio. The student portfolio is
a deliberately selected and organized collection of student work completed over time. It highlights your best work. It tells the story of your achievement and growth as a professional nurse. The portfolio represents all that you have learned in the BSN program. Creation of a professional portfolio assists you to develop good habits in assembling and presenting materials of relevance to self and others such as employers and graduate school selection committees. Presenting your portfolio work in a professional, creative, and engaging manner demonstrates:

- Your ability to synthesize and evaluate your acquisition of knowledge (cognitive learning)
- Your attitudes, values, feelings, and beliefs about nursing (affective learning)
- Your oral, written, and visual presentation skills (psychomotor learning)

While the student portfolio is primarily a collection of work already completed, students are expected to correct, modify, enhance, and/or develop portfolio materials based upon instructor feedback from this and previous courses. In other words, you want to demonstrate your ability to utilize the feedback in a way that allows you to present an improved product. You are encouraged to rewrite papers and correct errors so that your student portfolio demonstrates your best capabilities. Remember – the student portfolio is exemplary of your professional identity. **It is essential that you save electronic copies of completed and graded assignments that have been identified as part of the senior portfolio.** Both the original graded assignment and the corrected version must be included in the portfolio submitted to your instructor.

The following samples of student work will be included in the senior portfolio.

- A document Health Assessment completed in NURS 4420 Integral Health Assessment
- Two document Case Reports completed in NURS 4430 Complementary and Alternative Therapies in Nursing
- The Scholarly Position Paper completed in NURS 4440: Health Issues, Policy, and Politics in Health Care
- The Service Learning Project: Preparation completed in NURS 4450: Community and Global Health I and the Service Learning Project completed in NURS 4451: Community and Global Health II
- The Service-Learning Teaching Project completed in NURS 4460: Integral Communication and Teaching
- The Curriculum vita/Resume and the Lifelong Learning Plan completed in NURS 4470: Transformational Leadership in Nursing

Your grade in NURS 4480 is based largely upon inclusion of corrected or enhanced versions of each of the above mentioned assignments in your senior portfolio. You are strongly encouraged to have secure electronic backup copies of all materials that will go into your portfolio in case your computer is lost or damaged.

**ACADEMIC POLICIES**
**Grading/Evaluation Policies**

The following grading policies apply to all RN to BSN Program NURS pre-fix courses for students, which are based on a variety of activities and assignments. The criteria used to determine grades are included in the course syllabi.
Late Assignments: Please review the course syllabus and check with your instructor regarding questions about late assignments.

RN to BSN Program Course Grading Scale

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>A+</td>
<td>100-98</td>
</tr>
<tr>
<td>A</td>
<td>97-93</td>
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<tr>
<td>A-</td>
<td>92-90</td>
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<tr>
<td>B+</td>
<td>89-88</td>
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<tr>
<td>B</td>
<td>87-83</td>
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<tr>
<td>B-</td>
<td>82-80</td>
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<tr>
<td>C+</td>
<td>79-76</td>
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<tr>
<td>C</td>
<td>70-75</td>
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<tr>
<td>C-</td>
<td>69-67</td>
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<tr>
<td>D+</td>
<td>66-63</td>
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<tr>
<td>D</td>
<td>60-62</td>
</tr>
<tr>
<td>F</td>
<td>&lt; 60</td>
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</tbody>
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***A grade of 70 (C) will remain as the minimum passing grade.

Assignment Due Date Policy

Prompt submission of assignments for grading allows the instructor to provide guidance and timely feedback to students.

All course deliverables and assignment due dates are published in the course syllabus/course outline and available in Blackboard on the first day of class. Late assignment submission will not be accepted in either on campus, hybrid, or fully online courses. Assignments not submitted by the due date will receive a grade of “0.”

The late assignment policy may be waived at the discretion of the instructor in case of an emergency. Please discuss your situation with your instructor in advance so that you can plan for the timely submission of assignments.

Written Assignments

All assigned papers and projects will be typed or word-processed and double-spaced. Students must use the current edition of the Publication Manual of the American Psychological Association (APA) as a guide to proper paper writing. Students may be referred to the NNMC Writing Center for assistance with written assignments.

Student Email Account Access

All students enrolled in the RN to BSN Program must have an NNMC email account. All broadcast messages concerning course cancellations, closings or delays because of bad weather, etc. will be communicated to students via NNMC email. All electronic communication between students and the RN to BSN Program shall be via the NNMC email system or via Blackboard course messaging. Note that all course related correspondence is to be through the Blackboard Course Messages function. Refer to course syllabi for specific instructions.

Current Contact Information

Students are responsible for notifying the Chair the Department of Nursing and Health Sciences of (in writing) of any changes in contact information (including e-mail address).
General Rules

The nursing profession requires high standards of legal, ethical and moral accountability from its practitioners. You are expected to be polite, courteous, and cooperative with peers, faculty, staff, and all agency personnel with whom you have contact in your role as student. You are to follow the policy regarding standards of conduct as outlined in the Catalog and the current Northern New Mexico College Student Handbook available from Admissions or Student Services.

Clinical Experience

Students in the Program have limited exposure to ill patients. However, should this occur, students are expected to use appropriate clinical judgment regarding their own physical or mental health to ensure the safety of self and others. Students are expected to notify faculty should they encounter a situation in their student role that poses a potential health risk for self or others. This could include such conditions as pregnancy, exposure to hazardous chemicals, infectious disease, or dangerous persons or situations.

Neither NNMC nor any affiliation sites are responsible for any injury or communicable disease contracted during student clinical practicums, service-learning projects or student related activities. All Program students are expected to be familiar with and comply with affiliated agency infection control policies and procedures.

All RN to BSN Program students enrolled in NURS 4430 Complementary and Alternative Therapies in Nursing and NURS 4451 Community and Global Health II are required to have fingerprinting and a criminal background check completed prior to participating in clinical experiences associated with these two courses. The fingerprinting and criminal background process will take place upon entry to the program. Students are required to cover the cost of this service. In addition, students may be required to provide evidence of the following additional clinical requirements depending on the specific requirements of each clinical agency contract: a urine drug screen; proof of immunizations; current American Heart Association CPR; a TB test or chest x-ray; evidence of health insurance; and demonstrated competency in the requirements of HIPAA privacy and security.

Students enrolled in NURS 4430 and NURS 4450 will participate in a clinical experience requiring student malpractice liability insurance. Students will be charged a $15 course fee to cover the cost of the group plan liability insurance available through NNMC.

American Holistic Nurses Association (AHNA)

AHNA is the definitive voice for holistic nursing, and promotes the education of nurses, other healthcare professionals, and the public in all aspects of holistic health and healing (www.ahna.org).

Opportunities for Student Input

The Program faculty solicits students' constructive suggestions and recommendations for Program improvement and development. At least once per semester students will be asked to
complete a Student Governance Survey. This survey allows students to provide input into the governance of the program. During the last week of each course, students are asked to evaluate the course and the instructor's clinical and classroom performance. Evaluation is a critical, continuous improvement process that is an integral component of the Program. The administration and faculty perceive this improvement process as a reciprocal relationship by which students are afforded input on their progress, and the students in turn offer input relative to the Program.

**Meeting with the Chair and Associate Director**

The Dean and Associate Director are available to meet with students throughout the program. These meetings can take place in person, via phone, or via zoom at the request of the student.

**Community Advisory Board Meetings**

Twice yearly Community Advisory Board meetings allow for community stakeholder input.

**Ladder of Responsibility**

If you have a concern about a specific course or academic policy, you should seek advice or resolution by contacting the appropriate person according to the following ladder of responsibility:

1. Faculty member of the course and section where the concern exists
2. RN to BSN Program Associate Director
3. Chair, Department of Nursing & Health Sciences
4. Provost.

See the current college Catalog, and the current NNMC Student Handbook or NNMC Web site at [www.nnmc.edu](http://www.nnmc.edu) for information regarding grade appeals. It is not appropriate to involve other parties in your issue.

**Formal Program Complaints**

The RN to BSN Program defines a formal complaint as any complaint in writing that addresses a programmatic concern. Complaints may be submitted by any interested party, to include but not limited to students, faculty, staff, college administrators, community members, and program graduates. Formal complaints should be submitted to the Chair of the Department of Nursing and Health Sciences or the Associate Director of the RN to BSN Program. The program will investigate the complaint and respond in writing within four weeks.

Students who wish to appeal a course grade are instructed to follow the process outlined in the NNMC College Catalog for Grade Appeals.
http://aacn.nche.edu/Education/pdf/BaccEssentials08.pdf


Appendix A

CCNE Standards for Accreditation of Baccalaureate and Graduate Nursing Programs
Amended 2013

STANDARD I PROGRAM QUALITY: MISSION AND GOVERNANCE
The mission, goals, and expected program outcomes are congruent with those of the parent institution, reflect professional nursing standards and guidelines, and consider the needs and expectations of the community of interest. Policies of the parent institution and nursing program clearly support the program’s mission, goals, and expected outcomes. The faculty and students of the program are involved in the governance of the program and in the ongoing efforts to improve program quality.

KEY ELEMENTS
I-A. The mission, goals, and expected student outcomes are congruent with those of the parent institution and consistent with relevant professional nursing standards and guidelines for the preparation of nursing professionals.
I-B. The mission, goals, and expected student outcomes are reviewed periodically and revised, as appropriate, to reflect:
   • professional nursing standards and guidelines; and
   • the needs and expectations of the community of interest.
I-C. Expected faculty outcomes are clearly identified by the nursing unit, are written and communicated to the faculty, and are congruent with institutional expectations.
I-D. Faculty and students participate in program governance.
I-E. Documents and publications are accurate. A process is used to notify constituents about changes in documents and publications.
I-F. Academic policies of the parent institution and the nursing program are congruent and support achievement of the mission, goals, and expected student outcomes. These policies are:
   • fair and equitable;
   • published and accessible; and
   • reviewed and revised as necessary to foster program improvement.

STANDARD II PROGRAM QUALITY: INSTITUTIONAL COMMITMENT AND RESOURCES
The parent institution demonstrates ongoing commitment to and support for the nursing program. The institution makes resources available to enable the program to achieve its mission, goals, and expected outcomes. The faculty, as a resource of the program, enable the achievement of the mission, goals, and expected program outcomes.

KEY ELEMENTS
II-A. Fiscal and physical resources are sufficient to enable the program to fulfill its mission, goals, and expected outcomes. Adequacy of resources is reviewed periodically and resources are modified as needed.
II-B. Academic support services are sufficient to ensure quality and are evaluated on a regular basis to meet program and student needs.
II-C. The chief nurse administrator:
   • is a registered nurse (RN);
   • holds a graduate degree in nursing;
   • holds a doctoral degree if the nursing unit offers a graduate program in nursing;
   • is academically and experientially qualified to accomplish the mission, goals, and expected program outcomes;
• is vested with the administrative authority to accomplish the mission, goals, and expected program outcomes; and provides effective leadership to the nursing unit in achieving its mission, goals, and expected program outcomes.

II-D. Faculty are:
• sufficient in number to accomplish the mission, goals, and expected program outcomes;
• academically prepared for the areas in which they teach; and experientially prepared for the areas in which they teach.

II-E. Preceptors, when used by the program as an extension of faculty, are academically and experientially qualified for their role in assisting in the achievement of the mission, goals, and expected student outcomes.

II-F. The parent institution and program provide and support an environment that encourages faculty teaching, scholarship, service, and practice in keeping with the mission, goals, and expected faculty outcomes.

STANDARD III PROGRAM QUALITY: CURRICULUM AND TEACHING-LEARNING PRACTICES
The curriculum is developed in accordance with the program’s mission, goals, and expected student outcomes. The curriculum reflects professional nursing standards and guidelines and the needs and expectations of the community of interest. Teaching-learning practices are congruent with expected student outcomes. The environment for teaching-learning fosters achievement of expected student outcomes.

KEY ELEMENTS

III-A. The curriculum is developed, implemented, and revised to reflect clear statements of expected student outcomes that are congruent with the program’s mission and goals, and with the roles for which the program is preparing its graduates.

III-B. Curricula are developed, implemented, and revised to reflect relevant professional nursing standards and guidelines, which are clearly evident within the curriculum and within the expected student outcomes (individual and aggregate). Baccalaureate program curricula incorporate The Essentials of Baccalaureate Education for Professional Nursing Practice (AACN, 2008).

III-C. The curriculum is logically structured to achieve expected student outcomes. Baccalaureate curricula build upon a foundation of the arts, sciences, and humanities.

III-D. Teaching-learning practices and environments support the achievement of expected student outcomes.

III-E. The curriculum includes planned clinical practice experiences that:
• enable students to integrate new knowledge and demonstrate attainment of program outcomes; and are evaluated by faculty.

III-F. The curriculum and teaching-learning practices consider the needs and expectations of the identified community of interest.

III-G. Individual student performance is evaluated by the faculty and reflects achievement of expected student outcomes. Evaluation policies and procedures for individual student performance are defined and consistently applied.

III-H. Curriculum and teaching-learning practices are evaluated at regularly scheduled intervals to foster ongoing improvement.
STANDARD IV PROGRAM EFFECTIVENESS: ASSESSMENT AND ACHIEVEMENT OF PROGRAM OUTCOMES
The program is effective in fulfilling its mission and goals as evidenced by achieving expected program outcomes. Program outcomes include student outcomes, faculty outcomes, and other outcomes identified by the program. Data on program effectiveness are used to foster ongoing program improvement.

KEY ELEMENTS
IV-A. A systematic process is used to determine program effectiveness.
IV-B. Program completion rates demonstrate program effectiveness.
IV-C. Licensure and certification pass rates demonstrate program effectiveness.
IV-D. Employment rates demonstrate program effectiveness.
IV-E. Program outcomes demonstrate program effectiveness.
IV-F. Faculty outcomes, individually and in the aggregate, demonstrate program effectiveness.
IV-G. The program defines and reviews formal complaints according to established policies.
IV-H. Data analysis is used to foster ongoing program improvement.