



PSY 215 Syllabus

Course Number Course Name	PSY 215 Basic Counseling Skills
Credit Value (Breakdown of theory and lab credits)	3 Theory
Catalog Course Description	215 BASIC COUNSELING TECHNIQUES You will become acquainted with basic counseling skills, including active listening techniques such as paraphrasing, summarization, attending behaviors, and focusing. Emphasis is on rehearsal of skills and on application of skills in personal, academic, therapeutic, individual, and group settings. (3, 3T+0S)
Student Learning Outcomes/Objectives /Competencies of the Course	By the end of the course, the student will be able to: <ol style="list-style-type: none"> 1. Articulate different approaches and theories that provide the foundation for mental health counseling, social work and psychology. 2. Evaluate the different areas of practice and the career opportunities available in each profession. 3. Explain how values influence their perception of individual and societal problems and how counseling professionals respond to these problems. 4. Distinguish different strategies in assisting others and the making of appropriate referrals.
College-Wide Student Learning Outcomes	<p><i>Information regarding which of the following college-wide objectives will be addressed in the course along with which assignment will be used to measure this outcome:</i></p> <ol style="list-style-type: none"> 1. <i>Information Literacy: identify the local agencies with their professional competencies for referrals</i> 2. <i>Cultural Competence: utilize active listening skills</i> <p><i>Alignment of course to program objectives as appropriate.</i></p>