



## SYLLABUS TEMPLATE

<b>Course Number</b> <b>Course Name</b>	NURS 401 INTEGRAL NURSING THEORY
<b>Credit Value</b> <b>(Breakdown of theory and lab credits)</b>	3 (3T=0L)
<b>Catalog Course Description</b>	The Theory of Integral Nursing and Holistic Nursing Theories are explored. The concept of praxis is introduced. Florence Nightingale's legacy and philosophical foundation are included. Students develop skills related to concepts such as self-awareness, self-care, relationship-centered care, nurse as environment, and reflective practice. The use of conscious intention is emphasized.
<b>Student Learning Outcomes/Objectives /Competencies of the Course</b>	<ol style="list-style-type: none"> <li>1. Compare and contrast holistic nursing theories that serve as the foundation for integral nursing.</li> <li>2. Describe the Theory of Integral Nursing.</li> <li>3. Interpret and use information relevant to professional nursing care according to a holistic/integral theoretical framework.</li> <li>4. Describe praxis.</li> <li>5. Describe integrative nursing practice.</li> <li>6. Demonstrate beginning skills in conscious use of intention, self-awareness, reflective practice, relationship-centered care, therapeutic use of self.</li> <li>7. Develop self-care practices as a component of integral holistic nursing care.</li> </ol>
<b>College-Wide Student Learning Outcomes</b>	<p>The College-Wide Student Learning Outcome that is assessed for this course is:</p> <ul style="list-style-type: none"> <li>• <b>Critical Thinking:</b> Ability to think critically through analytical and inventive, creative means by asking essential questions and applying intellectually disciplined methodologies to address problems and expand personal and societal opportunities.</li> <li>• The course assessment tool (assignment) used to assess this College-Wide Student Learning Outcome is the Week 15 <b>Learning Team Oral Presentation of Nurse Theorist.</b></li> </ul>