



DEGREE SHEET / 2018-2019 CATALOG

Student name:

Eagle ID:

Eagle Email:

Phone:

CERTIFICATE TRAUMA STRESS AIDE

This program provides an educational foundation for students and professionals working in the field of trauma treatment, counseling and social work. The program focuses on posttraumatic stress disorder, including its diagnosis and treatment; on crisis intervention, coping strategies and client stabilization.

Courses noted with an asterisk (*) are eligible for Continuing Education Units (CEUs) awarded through the New Mexico Counseling and Therapy Practice Board.

Prerequisites:

ENG 109NL Basic Composition II (4)

MATH 100N Fundamentals of Mathematics (4)

PROGRAM CORE REQUIREMENTS (9.5 Credits)

PSY 230	Psychology of Adjustment (3)		
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HSCI 109	American Red Cross CPR/First Aid (.5)		
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PSY 285	Posttraumatic Stress Disorder, Diagnosis and Treatment (3)		
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PSY 285	Crisis Intervention (3)		
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RELATED REQUIREMENTS (6 Credits)

Choose two from the following:

SOC 105	Introduction to Human Services Professions (3)		
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PSY 275	Group Process and Counseling (3)		
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PSY 286	Grief Counseling Skills (3)		
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PSY 141	Psychology of Drug and Alcohol Abuse (3)*		
SOC 141	Effects of Alcohol and Drug Abuse (3)*		
PSY 250	Drug and Alcohol Assessment, Referral, and Treatment Methods (3)*		
PSY 260	Family Systems Theory (3)*		
PSY 280	Practicum in Human Services (3)		
TOTAL CREDITS 15.5			
ADVISOR APPROVAL		DATE	

SUGGESTED SEQUENCE OF COURSES – CERTIFICATE RESIDENTIAL ASSISTANT

FIRST SEMESTER (8.5 Credits)

ENG 109NL Basic Composition II (4)
MATH 100N Fundamentals of Mathematics (4)
HSCI 109 CPR/First Aid (.5)

SECOND SEMESTER (9.5 Credits)

HSCI 109 American Red Cross CPR/First Aid (.5)
PSY 285 Posttraumatic Stress Disorder, Diagnosis and Treatment (3)
PSY 285 Crisis Intervention (3)

THIRD SEMESTER (6 Credits)

Elective (3)
Elective (3)

EDUCATIONAL PLANNING FORM (Semester)

FALL SEMESTER	SPRING SEMESTER	SUMMER
Total Units	Total Units	Total Units
FALL SEMESTER	SPRING SEMESTER	SUMMER
Total Units	Total Units	Total Units
FALL SEMESTER	SPRING SEMESTER	SUMMER
Total Units	Total Units	Total Units
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