**Course Number**

**Course Name**
IHS 357 Herbal Medicine

**Credit Value (Breakdown of theory and lab credits)**
2T

**Catalog Course Description**
In this course you will be introduced to basic concepts of herbal medicine and explore advanced methods and specific uses of herbal preparations. Prerequisite: ENG 111. (2, 2T, 0L).

**Student Learning Outcomes/Objectives/Competencies of the Course**
Upon successful completion of this course, the student will:
1. Continue the study of herbal and holistic medicine concepts.
2. Further compare the differences between conventional medicine and herbal medicine.
3. Identify how factors in a person’s lifestyle influence their health and healing.
4. Understand the use of specific herbs and herbal formulas in relation to each of the nine systems of the body.
5. Use herbal vocabulary to describe the action of herbs in class discussions and assignments.
6. Use herbal knowledge to understand standard herbal formulas and create new ones.

**College-Wide Student Learning Outcomes**
The College-Wide Student Learning Outcome that will be addressed in this course is: Communication
The assessment used to measure this outcome is the Presentation assignment.