### Course Number

<table>
<thead>
<tr>
<th>Course Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psy 105 General Psychology</td>
</tr>
</tbody>
</table>

### Credit Value (Breakdown of theory and lab credits)

| 3 Theory |

### Catalog Course Description

This course introduces you to the traditional areas of psychology including psychobiology, learning, motivation, personality, psychopathology, psychotherapy and social problems. You will examine factors that determine and affect behavior, with emphasis on psychological principles applied to the human experience. Prerequisite ENG 109 or adequate score on the College Placement test. (3, 3T+0S)

### Student Learning Outcomes/Objectives/Competencies of the Course

Upon completion of the course students will be able to:

1. Explain how the scientific method and psychological research methodologies are used to study the mind and behavior.
2. Recall key terms, concepts, and theories in the areas of neuroscience, learning, memory, cognition, intelligence, motivation and emotion, development, personality, health, disorders and therapies, and social psychology.
3. Explain how information provided in this course can be applied to life in the real world.
4. Identify the major theoretical schools of thought that exist in psychology as they relate to the self, the culture, and the society.

### College-Wide Student Learning Outcomes

Alignment between College-Wide Assessment Goals and Student Learning Outcomes: **Communication:** Discuss, debate, and interact within the classroom on pertinent texts, research, and issues. Keep a personal journal of thoughts, mindfulness, and ideas. **Critical Thought:** Name and describe the various theories and studies in classic psychology, and be able to discuss implications especially ethical concerns.