



SYLLABUS TEMPLATE

Course Number Course Name	NURS 420 INTEGRAL HEALTH ASSESSMENT
Credit Value (Breakdown of theory and lab credits)	3 (2T + 1L)
Catalog Course Description	This course emphasizes development of skills in allopathic health assessment of human systems. Alternative systems (i.e., Ayurvedic, Native American, Oriental Medicine, Intuitive) are introduced. Skills in interviewing, history taking, physical examination, and documentation and use of assessment data in planning care are developed. Laboratory and selected clinical settings are used to practice skill development. The Theory of Integral Nursing is explored as a model to frame data collection, organization, and synthesis into a cohesive whole. Clinical hours: This course includes 45 hours of lab practice and demonstration.
Student Learning Outcomes/Objectives /Competencies of the Course	<ol style="list-style-type: none"> 1. Identify multiple sources of data to assess the whole person including physical, psychological/emotional, spiritual, social, cultural, and intuitive. 2. Demonstrate principles of centering, being present, self-awareness, and active listening to enhance therapeutic communication with clients. 3. Develop a systematic approach for completing a holistic health assessment. 4. Conduct a comprehensive physical exam while considering psychological/emotional, social, cultural, and intuitive dimensions. 5. Incorporate developmental and age-related data in the health assessment. 6. Analyze data from a whole person perspective and begin to determine appropriate nursing interventions based upon each person's actual and potential patterns/challenges/needs. 7. Obtain certification in cardiopulmonary resuscitation. 8. Document a holistic health assessment and physical examination.
College-Wide Student Learning Outcomes	<p>The College-Wide Student Learning Outcome that is assessed for this course is:</p> <ul style="list-style-type: none"> • Cultural Competence: Ability to perceive situations from various cultural, social, and ethical contexts with the goal of enhancing individual and collective well-being. • The course assessment tool (assignment) used to assess this College-Wide Student Learning Outcome is the Integral Health Assessment.