



## NURS 214

<b>Course Number</b>	NURS 214
<b>Course Name</b>	Psychiatric/Mental Health Nursing
<b>Credit Value (Breakdown of theory and lab credits)</b>	2 Theory
<b>Catalog Course Description</b>	This course focuses on the care of patients across the lifespan experiencing cognitive, mental and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors as well as promoting and maintaining the mental health of individuals and families. Concepts of crisis intervention, therapeutic communication, anger management, and coping skills are integrated throughout the course. The community as a site for care and support services is addressed.
<b>Student Learning Outcomes/Objectives /Competencies of the Course</b>	<ol style="list-style-type: none"> <li>1. Perform a mental behavioral health assessment on patients with common mental health disorders</li> <li>2. Develop an individualized, evidence based plan of care that demonstrates an appreciation of a patient's cultural, spiritual, and developmental variations and includes recommendations for the adoption of health-promoting behaviors.</li> <li>3. Participate as a member of the health care team and patient advocate while providing safe, quality care to patients with common mental health disorders.</li> <li>4. Demonstrate clinical judgment and participate in the evaluation of outcomes when providing care to patients with common mental health disorders.</li> <li>5. Apply knowledge of pharmacology, nutrition, and psychopathology as well as evidence based practice to the care of patients with common mental health disorders.</li> <li>6. Use therapeutic verbal and nonverbal communication that promotes therapeutic relationships with patients and their families, as well as professional relationships with members of the health care team.</li> </ol>



	<ol style="list-style-type: none"> <li>7. Use information technologies to access evidence based literature and patient information as well as communicate with members of the health care team, accurately documenting patient care in a secure and timely manner.</li> <li>8. Identify, plan, and provide health and safety related education to adult patients and their families in conjunction with members of the health care team.</li> <li>9. Use organizational and priority setting skills when providing care to patients with common mental health disorders in selected settings.</li> <li>10. Report concerns related to patient safety and the delivery of quality care and participate in activities that promote performance improvement.</li> <li>11. Provide care to patients and their families while adhering to ethical and legal standards and maintaining accountability and responsibility for care provided.</li> </ol>
<p><b>College-Wide Student Learning Outcomes</b></p>	<p>NURS 214 learning objectives align with the following NNMC College Wide Goal:                      Critical Thinking  <u><b>THE COURSE ASSESSMENT TOOL (ASSIGNMENT)</b></u> used to assess the College-Wide Student Learning Outcome is: Final Exam.</p>