



Certificate

MASSAGE THERAPY 2012-2014

This program provides 650+ hours of Massage Therapy Training designed to meet the requirements to sit for the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) exam or the MBLEx exam by the Federation of State Massage Therapy Boards (FSMTB) and apply for state licensure which is required for entry-level employment in Massage Therapy in New Mexico. A formal application to and acceptance into the program is necessary before you may enroll in any MAS-prefixed courses. Acceptance is granted for the Fall semester of each year.

To be accepted into the program, you must have already completed ENG 109N (Basic Composition I) and MATH 100N (Fundamentals of Mathematics). The Massage courses have been developed to coincide with the general education courses, so the sequence as listed must be followed once you have entered the Massage Therapy Program.

GENERAL EDUCATION (7 CR)

Area I. Communications (4)

ENG 109N Basic Composition II (4)

Area II. Math (3-4)

MATH 100N (4) or a higher-level math course (3)

PROGRAM REQUIREMENTS (37.5 CR)

MAS	110	Improving Your Body Mechanics (1)
MAS	124	Business for Massage Professionals (2)
HSCI	110	Anatomy & Physiology for Massage Therapists I (3)
HSCI	111	Anatomy & Physiology for Massage Therapists II (3)
OR		
BIOL	237	Human Anatomy & Physiology I (3)
BIOL	237L	Human Anatomy & Physiology I Lab (1)
BIOL	238	Human Anatomy & Physiology II (3)
BIOL	238L	Human Anatomy & Physiology II Lab (1)
HSCI	109	CPR/First Aid (.5)
HSCI	112	Pathology for Massage Therapists (3)
HSCI	114	Kinesiology for Massage Therapists (2)
HSCI	152	Legal and Ethical Issues in Massage Therapy (2)
MAS	101L	Massage Therapy I (4)
MAS	103L	Massage Therapy II (4)
MAS	104L	Massage Therapy Internship (3)
MAS	108L	Massage Therapy Practice Lab (2)

Choose 8 credits from the following electives:

HSCI	125	Medical Terminology (2)
HSCI	204	Nutrition (3)
IHS	102	Intro to Homeopathy (3)
IHS	103	Meditation and Breath: Mind Body Healing (2)
IHS	115	Intro to Traditional Chinese Medicine (3)
IHS	116	Intro to Aromatherapy (3)
IHS	118	Intro to Integrative Healing (3)
IHS	121	Intro to Ayurveda: Ancient Science of Living (3)

IHS	123	Intro to Acupressure (1)
IHS	162	Nutrition for Diabetes (1)
IHS	208	Holistic Nutrition (3)
IHS	222	Intro to Five Elements & Twelve Channels (2)
IHS	255	Intro to Herbal Medicine (2)
IHS	257	Herbal Pharmacy (2)
IHS	264	Therapeutic Touch Techniques (3)
MAS	111	Applied Kinesiology (1)
MAS	113	Intro to Foot Reflexology (2)
MAS	115	Intro to Cranial Sacral Techniques I (1)
MAS	116	Cranial Sacral Techniques II (2)
MAS	117	Intro to Thai Massage (1)
MAS	120	Thai Massage II (1)
MAS	121	Usui Reiki Level I (1)
MAS	122	Hot Stones and Basic Hydrotherapy (1)
MAS	123	Chair Massage (1)
MAS	215	Cranial Sacral III (1)

TOTAL CREDITS: 44.5

REQUIRED SEQUENCE OF COURSES:

Prerequisites

ENG	109N	Basic Composition II (4)
MATH	100N	(6) or a higher-level math course (3)

Fall (18)

HSCI 110 (3) or BIO 237/L (4)
MAS 101L (4)
MAS 108L (2)
MAS 110 (1)
HSCI 114 (2)
HSCI 152 (2)
Electives (4)

Spring (19.5)

HSCI 111 (3) or BIO 238/L (4)
MAS 103L (4)
MAS 104L (3)
MAS 109 (0.5)
MAS 124 (2)
HSCI 112 (3)
Electives (4)

Other electives may be added for credit by permission of the Chairperson