



Certificate MASSAGE THERAPY

This program provides 650+ hours of Massage Therapy Training designed to meet the requirements to sit for the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) exam or the MBLEx exam by the Federation of State Massage Therapy Boards (FSMTB) and apply for State licensure which is required for entry-level employment in Massage Therapy in New Mexico. A formal application to and acceptance into the program is necessary before you may enroll in any MAS-prefixed courses. Acceptance is granted for the Fall semester of each year.

To be accepted into the program, you must have already completed ENG 109N (Basic English I) and MATH 100N (Fundamentals of Mathematics). The Massage courses have been developed to coincide with the general education courses, so the sequence as listed must be followed once you have entered the Massage Therapy Program.

GENERAL EDUCATION (6 CRS)

Communications (3)

ENG 109N Basic English II (3)

Math/Computers/Lab Sciences (3-4)

MATH 100N (4) or a higher-level math course (3)

PROGRAM REQUIREMENTS (36-38 CRS)

MAS 124 Business for Massage Professionals (2)

HSCI 110 Anatomy & Physiology for Massage Therapists I (3)

HSCI 111 Anatomy & Physiology for Massage Therapists II (3)

or

BIOL 237 Human Anatomy & Physiology I (3)

BIOL 237L Human Anatomy & Physiology I Lab (1)

BIOL 238 Human Anatomy & Physiology II (3)

BIOL 238L Human Anatomy & Physiology II Lab (1)

HSCI 109 CPR/First Aid (.5)

HSCI 112 Pathology for Massage Therapists (3)

HSCI 114 Kinesiology for Massage therapists (2)

HSCI 152 Legal Ethical Issues in Massage Therapy (2)

MAS 101L Massage Therapy I (4)

MAS 103L Massage Therapy II (4)

MAS 104L Massage Therapy Internship (3)

MAS 108L Massage Therapy Practice Lab (2)

Choose 8 crs from the following electives:

HSCI 125 Medical terminology (2)

HSCI 204 Nutrition (3)

IHS 102 Intro to Homeopathy (3)

IHS 103 Meditation and Breath: Mind Body Healing (2)

IHS 115 Intro to Traditional Chinese Medicine (3)

IHS 116 Intro to Aromatherapy (3)

IHS 118 Intro to Integrative Healing (3)

IHS 120 Ayurveda & Energy Healing I (1)

IHS 121 Intro to Ayurveda: Ancient Science of Living (3)

IHS 122 Ayurveda & Energy Healing II (1)

IHS 123 Intro to Acupressure (1)

IHS 124 Ayurveda & Energy Healing III (1)
 IHS 222 Intro to Five Elements & Twelve Channels (2)
 IHS 208 Holistic Nutrition (3)
 IHS 255 Intro to Herbal Medicine (2)
 IHS 257 Herbal Pharmacy (2)
 IHS 264 Therapeutic Touch Techniques (3)
 MAS 110 Improving Your Body Mechanics (1)
 MAS 111 Applied Kinesiology (1)
 MAS 113 Intro to Foot Reflexology (2)
 MAS 115 Intro to Cranial Sacral Techniques I (1)
 MAS 116 Cranial Sacral Techniques II (2)
 MAS 117 Intro to Thai Massage (1)
 MAS 120 Thai Massage II (1)
 MAS 215 Cranial Sacral III (1)

TOTAL CREDITS 42.5

REQUIRED SEQUENCE OF COURSES:

Prerequisites

ENG 109N Basic English II (3)
 MATH 100N (6) or a higher-level math course (3)

FALL (17)

HSCI 110 (3) or BIO 237/L (4)
 MAS 101L (4)
 MAS 108L (2)
 HSCI 114 (2)
 HSCI 152 (2)
 Electives (4)

SPRING (19)

HSCI 111 (3) or BIO 238/L (4)
 MAS 103L (4)
 MAS 104L (3)
 MAS 124 (2)
 HSCI 112 (3)
 Electives (4)

*Other electives may be added for credit by permission of the Chairperson