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## Associate of Applied Science MASSAGE THERAPY

This degree is for students who have completed the certificate of Massage Therapy and wish to continue their studies and receive an Associate's Degree. This degree will broaden the student's knowledge base in the Massage Therapy field. Employment opportunities include working with an existing Spa, Chiropractors, Alternative Healing Centers, Health Care Clinics, or self-employment.

### **GENERAL EDUCATION (27 CRS)**

#### **Communications (6)**

ENG 111 English Composition I (3)

*Choose one of the following courses.*

ENG 112 English Composition II (3)

ENG 116 Technical Writing (3)

SPAN 230 Spanish for Health Professions (3)

SPCH 130 Public Speaking (3)

#### **Humanities (3)**

Elective (3)

#### **Math/Computers/Lab Sciences (11)**

BIOL 237/L Human Anatomy and Physiology I with Lab (4)

BIOL 238/L Human Anatomy and Physiology II with Lab (4)

BCIS 102 Computer Literacy (3)

#### **Social/Behavioral Sciences (6)**

PSY Elective (3)

SOC Elective (3)

#### **Health, Physical Education, and Recreation (1 hr)**

Elective (1)

### **PROGRAM REQUIREMENTS (38 CRS)**

MAS 124 Business for Massage Professionals (2)

HSCI 112 Pathology for Massage Therapists (3)

HSCI 114 Kinesiology for Massage therapists (2)

HSCI 125 Medical Terminology (2)

HSCI 152 Legal and Ethical Issues in Massage Therapy (2)

MAS 101L Massage Therapy I (4)

MAS 103L Massage Therapy II (4)

MAS 104L Massage Therapy Internship (3)

MAS 108L Massage Therapy Practice Lab (2)

#### **Choose 14 crs from the following electives:**

HSCI 204 Nutrition (3)

IHS 102 Intro to Homeopathy (3)

IHS 103 Meditation and Breath: Mind Body Healing (2)

IHS 115 Intro to Traditional Chinese Medicine (3)

IHS 116 Intro to Aromatherapy (3)

IHS 118 Intro to Integrative Healing (3)

IHS 120 Ayurveda & Energy Healing I (1)

IHS 121 Intro to Ayurveda: Ancient Science of Living (3)

IHS 122 Ayurveda & Energy Healing II (1)  
IHS 123 Intro to Acupressure (1)  
IHS 124 Ayurveda & Energy Healing III (1)  
IHS 222 Intro to Five Elements & Twelve Channels (2)  
IHS 208 Holistic Nutrition (3)  
IHS 255 Intro to Herbal Medicine (2)  
IHS 257 Herbal Pharmacy (2)  
IHS 264 Therapeutic Touch Techniques (3)  
MAS 110 Improving Your Body Mechanics (1)  
MAS 111 Applied Kinesiology (1)  
MAS 113 Intro to Foot Reflexology (2)  
MAS 115 Intro to Cranial Sacral Techniques I (1)  
MAS 116 Cranial Sacral Techniques II (2)  
MAS 117 Intro to Thai Massage (1)  
MAS 120 Thai Massage II (1)  
MAS 215 Cranial Sacral III (1)

\*Other electives may be added for credit by permission of the Chairperson

**TOTAL CREDITS 65**