



Certificate MASSAGE THERAPY

This program provides the 650+ hours of Massage Therapy training designed to meet the requirements to sit for the NCBTMB or the FSMTB exam and apply for state licensure which is required for entry-level employment in Massage Therapy in New Mexico. A formal application to and acceptance into the program is necessary before you may enroll in any MAS-prefixed courses. Acceptance is granted for the Fall semester of each year. To be accepted into the program, you must have already completed ENG 109 (Basic English II), and MATH 100N (Fundamentals of Mathematics). The massage courses have been developed to coincide with the general education courses, so the sequence as listed must be followed once you have entered the Massage Therapy Program.

GENERAL EDUCATION REQUIREMENTS (7-10 crs)

Completed

Planned Timeline
(By Semester)

Communications (3 crs)

ENG 109 Basic English II (3)

Pre-requisite: ENG 108 or adequate score on the Course Placement Evaluation

Math/Computers/Laboratory Sciences (4-7 crs)

MATH 100N Fundamentals of Math (4) or a higher-level Math course (3)

Pre-requisite: Adequate score on the Course Placement Evaluation

PROGRAM REQUIREMENTS (36.5-38.5 crs)

BA 124 Introduction to Business for Massage Therapists (2)

Pre-requisite: ENG 109 or adequate score on the Course Placement Evaluation

HSCI 110 Anatomy & Physiology for Massage Therapists I (3)(Fall)

Pre-requisite: ENG 109 and MATH 100N or adequate score on the Course Placement Evaluation

HSCI 111 Anatomy & Physiology for Massage Therapists (3)

Pre-requisite: HSCI 110

or

BIOL 237/L Human Anatomy and Physiology I with (3)

Pre-requisite: CHEM 110 and 110L

Co-requisite: BIOL 237L

BIOL 237L Human Anatomy and Physiology I Lab (1)

Co-requisite: BIOL 237

and

BIOL 238 Human Anatomy and Physiology II (3)

Pre-requisite: BIOL 237/237L or permission of instructor

Co-requisite: BIOL 238L

BIOL 238L Human Anatomy and Physiology II Lab (1)

BIOL 238

HSCI 109 CPR/First Aid (.5)

HSCI 112 Pathology for Massage Therapists (3)

Pre-requisite: MAS 101L

HSCI 114 Kinesiology for Massage Therapists (2)

Pre-requisite: MAS 101L

HSCI 152 Legal and Ethical Issues in Massage Therapy (2)

MAS 101L Massage Therapy I (4)

Co-requisite: HSCI 110 or BIOL 237L and BIOL 238/L

MAS 103L Massage Therapy II (4)

Prerequisite: MAS 101/L

MAS 104L Massage Therapy Internship (3)

Co-requisite: MAS 103L

MAS 108L Massage Therapy Practice Lab (2)

Co-requisite: HSCI 110 or BIOL 237/L and MAS 101L

Electives: Choose 8 hrs from the following:

HSCI 125 Medical Terminology (2)

Pre-requisite: ENG 109 or adequate score on Course Placement Evaluation

HSCI 204 Nutrition (3)

Pre-requisite: CHEM 110/L or BIOL 110/L

IHS	102	Intro to Homeopathy (3)	_____	_____
IHS	103	Meditation and Breath: Mind-body healing (2)	_____	_____
IHS	115	Introduction to Traditional Chinese Medicine (3)	_____	_____
IHS	116	Intro to Aromatherapy (3)	_____	_____
IHS	117	Raindrop Technique (1)	_____	_____
IHS	118	Introduction to Integrative Healing (3)	_____	_____
IHS	120	Ayurveda & Energy Healing I (1)	_____	_____
IHS	122	Ayurveda & Energy Healing II (1)	_____	_____

Pre-requisite: IHS 120

IHS	123	Intro to Acupressure (1)	_____	_____
IHS	166	Aztec Mexican Healing (1)	_____	_____
IHS	167	Aztec Mexican Healing II (1)	_____	_____
IHS	208	Holistic Nutrition (3)	_____	_____
IHS	255	Introduction to Herbal Medicine (2)	_____	_____

Co-requisite: HSCI 257

IHS	257	Herbal Pharmacy (2)	_____	_____
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Co-requisite: HSCI 255

IHS	264	Therapeutic Touches (3)	_____	_____
IHS	308	Holistic Nutrition (3)	_____	_____
MAS	110	Improving Your Body Mechanics (1)	_____	_____
MAS	113	Introduction to Foot Reflexology (2) (spring)	_____	_____

Pre- or Co-requisite: MAS 101L

MAS	115	Introduction to Cranial Sacral Techniques I (1) (spring)	_____	_____
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Pre- or Co-requisite: MAS 101L or department permission

MAS	116	Cranial Sacral Techniques II (2)	_____	_____
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Pre-requisite: MAS 115

MAS	215	Cranial Sacral III (1)	_____	_____
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Pre-requisite: HSCI 116

MAS	117	Intro to Thai Massage (1)	_____	_____
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Pre-requisite: MAS student or Licensed Massage Therapist, and HSCI 110

MAS	119	Traditional Thai Massage I (1)	_____	_____
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MAS	120	Traditional Thai Massage II (2)	_____	_____
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Pre-requisite: HSCI 119

TP	147	Applied Kinesiology (1)	_____	_____
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TOTAL CREDIT HOURS 43.5

Pre-requisites:

ENG 109N Basic English II (3) **or** adequate score on the Course Placement Evaluation
MATH 100N (6) **or** higher level math course (3)

Fall Semester (17)

HSCI 110(3) or BIO 237/L (4)
MAS 101L (4)
MAS 108L (2)
HSCI 114 (2)
HSCI 152 (2)
Electives (4)

Spring Semester (19)

HSCI 111 (3) or BIOL 238/L (4)
MAS 103L (4)
MAS 104L (3)
BA 124 (2)
HSCI 112 (3)
Electives (4)

- **Other electives may be added for credit by permission of the Chairperson**

Educational Planning Form (Semester)

Name _____ Date _____
Major _____ Student ID _____

Fall Semester	Spring Semester	Summer
Total Units	Total Units	Total Units
Fall Semester	Spring Semester	Summer
Total Units	Total Units	Total Units
Fall Semester	Spring Semester	Summer
Total Units	Total Units	Total Units

Advisor's Signature _____

Student Signature _____