

## NORTHERN NEW MEXICO COLLEGE

# **Community Resource Guide**



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#### Introduction

Welcome to the Community Clinical, Behavioral, and Social Services Resource Guide for NNMC! Because our students, families and community are so important, we have compiled this extensive list of resources and services in the Rio Arriba and surrounding counties. This is a two-part tool: a community resource directory and an emergency crisis helpline guide. The purpose is to stimulate the development of an extended set of contacts at community agencies, specifically agencies, providers and resources who can meet the ongoing clinical, behavioral, and social service needs of the student population at NNMC and their families.

This tool will help to populate a resource guide to quickly and efficiently connect students to the services that can help meet their individual and unique needs whether this be related to childcare, financial assistance, housing support, behavioral health needs and so on. We are always available to answer questions and offer further support and guidance. As always, feel free to contact Counseling and Student Support Center if you need assistance navigating this guide.

The information contained in this publication is for general purposes only. This is not intended to provide medical or legal advice. Every effort has been made to ensure the accuracy of all information and resources listed in this publication. However, resources may swiftly change. Additionally, agencies and services may be operating under alternative schedules, offering modified services and/or implementing protocols in response to COVID-19. For more information on resources, it is always best practice to contact the listed resources directly to ensure the most up to date information. In the event of an error or omission in this publication, NNMC's responsibility shall be limited to the correction of the error in succeeding editions. Inclusion of resource listings in this publication does not constitute an endorsement on the part of NNMC. Should there be a discrepancy, providers/resources that are not listed, or any other feedback, please email jacqueline.ghion@nnmc.edu.

#### If you or someone you know are experiencing a mental health crisis or in immediate danger, call 911.



#### Mental & Behavioral Health Services

RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
PMS: Valley Community Health Center	835 Spruce Street, Suite C and D Española, New Mexico 87532	505-747-7400	Comprehensive community support services, psychosocial rehabilitation program, individual/family/group counseling, psychiatric consultation & medications, crisis intervention, substance abuse programs, and case management services.	Offering both in person and TeleHealth services. <u>Website</u> : http://www.pmsnm.org/locations/valley- community-health-center
<u>The Life Link</u>	Española, Outreach Office: 919 N. Riverside Dr. Suite B-3 (Next to Inside Out)	505-747-9543	Brief substance abuse and mental health counseling and referrals.	Mondays, Wednesdays or by appointment. <u>Website:</u> http://www.thelifelink.org/
	Santa Fe: 2325 Cerrillos Rd., Santa Fe, NM 87505	505-438-0010	Substance abuse and mental health counseling, groups, case management, certified peer support workers, psychiatry, housing & employment assistance, suboxone, IOP, human trafficking services.	Walk-in daily 8:00am to 10:30am. <u>Website:</u> http://www.thelifelink.org/
Espanola Health Services	612 N Paseo de Onate Española, NM 87532	505-753-7844	Substance use treatment services, outpatient treatment service, and methadone/suboxone treatment.	<u>Website</u> : http://www.abqhealthservices.com/?page_id=1592
<u>El Centro</u> <u>Family Health</u>	Rio Aribia Health Commons: 2010 Industrial Park Rd. Española, NM 87532 *Additional sites in Taos and Las Vegas areas	505-753-7218	Mental health and medical services including counseling, opiate replacement therapy, pain management, nutrition counseling, Medicaid enrollment, Hepatitis C treatment and education, standard medical procedures and more.	Accepts all pay sources including private insurance, Medicaid, Medicare, and offer discounted services to income eligible. *Offers TeleHealth Appointments <u>Website</u> : https://ecfh.org/



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Las Clinicas del Norte	1662 Highway 84 Bldg #21124 Abiquiu, NM 87510 *Additional clinic locations in Ojo Caliente, Los Alamos, El Rito, and Santa Fe	505-685-4479 866-578-1662	Medical, dental, counseling and community services. Also offers school-based clinic services at particular sites and suboxone program at the Abiquiu site.	Website: https://www.lcdn.org/
The Sky Center	4164 S Meadows Rd, Santa Fe, NM 87507	505-473-6191	Youth and family suicide intervention & counseling in Santa Fe County and Northern New Mexico.	Offering FREE and bilingual counseling for children, youth and their families. Offering counseling on site at The Sky Center as well as remotely. <u>Website</u> : https://skycenter.nmsip.org/
Casa de Corazon	902 Fairview Ln., Española, NM 87532	505-747-1991	Marriage and family therapy, treatment for mental and emotional issues.	Call for additional information and to schedule appointments.
<u>Circle of Life</u>	346 Eagle Rd, Española, NM 87532	505-852-1377	Outpatient mental healthcare for people of all ages in Native America (individual, family, couples, group therapy; medication management; crisis support).	Website: https://circleoflifebh.org/
<u>Crisis Center of</u> <u>Northern New</u> <u>Mexico</u>	577 El Llano Road, Española, NM 87532	505-753-1656	Provides domestic violence services for the counties of Rio Arriba, Los Alamos, and Santa Fe. Services include 24/7 emergency shelter, crisis intervention, counseling, skills and knowledge groups, case management, and legal advocacy including help with orders of protection.	Website: https://crisis-centers.org/about-us



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Peacekeepers</u>	705 C La Joya St Española, NM 87532	505-753-4790/ 1-800-400-8694	Domestic violence services and support.	Provides services to victims who are Native American or who are being victimized by a Native American and to offenders who are Native American or who are victimizing a Native American. <u>Website</u> : https://sites.google.com/enipc.org/peacekeepers/home
Ohkay Owingeh Pueblo Social Services	220 Po'pay Avenue, Ohkay Owingeh, NM 87566	505-852-6118	Case management, financial assistance, and community prevention programs for Ohkay Owingeh members.	Website: https://ohkay.org/social-service/
CHRISTUS St. Vincent Behavioral Health Service	<u>Adult Psychiatric</u> <u>Inpatient Unit</u> :455 St. Michael's Drive Santa Fe, New Mexico 87505	505-913-5470	Diagnostic evaluation, coping strategies, structured individual and group treatment, crisis management, and medication assessment and management.	
	<u>Behavioral Health</u> <u>Specialists</u> : 2019 Galisteo Dr. Building B Santa Fe, New Mexico 87505	505-913-3361	Provide both medication management and therapeutic counseling services. Psychiatrists perform a comprehensive initial evaluation and medications when necessary.	Website: https://www.christushealth.org/st- vincent/services-treatments/behavioral-health
Las Cumbres Community Services	404 Hunter Street, Española, NM, 87532 Additional locations in Los Alamos, Rio Arriba, Santa Fe, Taos	505-753-4123	Community infant & early childhood programs; adult services (community integrated employment; adult day services; supported living; customized in- home supports; adult respite); and caregiver programs. <u>Las Cumbres Community Services Resource Guide</u> : https://static1.squarespace.com/static/5d38c97ff4 6cb7000106c567/t/615608188989fb74a725c47a/1	To qualify for free Adult Services with Las Cumbres clients should have New Mexico funding sources such as Developmental Disabilities (DD) Waiver or Mi Via.
			633028124495/LosAlamos+Resource+Guide+2021. pdf	Website: https://www.lascumbres-nm.org/los-alamos



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Gerard's House</u>	3204 Mercantile Court, Suite C Santa Fe, NM 87507	505-424-1800 info@gerardsh ouse.org	Free peer-based grief support groups for youth (ages 3 -21) as well as adult grief support groups. Also, provides crisis response, suicide prevention and grief support to schools and youth organizations.	Website: https://gerardshouse.org/
Southwest Family Guidance Center & Institute	4001 Office Court Dr. Suite 603 Santa Fe, NM 87507	505-310-4764	Counseling services, school-based therapy, comprehensive community support services, intensive substance abuse programs (ISAP), assessments, and parenting programs.	Website: https://swfamily.com/
Zephyrus of Santa Fe	3 Caliente Road Unit 7 Santa Fe, NM 87508	505-820-0477	Specializes in disordered eating - anorexia, bulimia and compulsive over-eating. Services include initial diagnostic assessment, psychotherapy services (individual, couples, family), movement therapy, somatic education, nutrition services, art & experiential therapy, coaching, mealtime and supportive therapy.	Website: www.ZephyrusofSantaFe.com
North Star Counseling	233 Paseo de Onate Española, NM 87532	505-295-5001	Marriage, couple, family and individual counseling services for children and adults.	Outpatient counseling services.

#### Drug and Alcohol Providers

RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Hoy Recovery</u> <u>Program</u>	612 N. Paseo de Onate. Española, NM	505-753-2203	Outpatient substance abuse counseling.	Website: https://hoyrecovery.org/contact-us/
	Velarde, Highway 68, county road 41, Velarde NM, 87582	505-852-2580	Residential substance abuse treatment and detox.	
<u>The Life Link</u>	Española, Outreach Office: 919 N. Riverside Dr. Suite B- 3 (Next to Inside Out)	505-795-0740	Brief substance abuse and mental health counseling and referrals.	Mondays, Wednesdays or by appointment. <u>Website:</u> http://www.thelifelink.org/
	Santa Fe: 2325 Cerrillos Rd., Santa Fe, NM 87505	505-438-0010	Substance abuse and mental health counseling, groups, case management, certified peer support workers, psychiatry, housing & employment assistance, suboxone, IOP, human trafficking services.	Walk-in daily 8:00am to 10:30am. <u>Website:</u> http://www.thelifelink.org/
Darrin's Place	807 Calle Chamisal Española, NM 87532	505-372-4511	Drug and alcohol recovery programs including integrated dual diagnosis treatment, crisis intervention, dialectical behavioral therapy, individual, group, and family therapy, and medication-assisted treatment. Also, offers various treatment approaches and methods, such as a 12- step plan for drug addiction and alcohol abuse and a state-approved intensive outpatient program.	A discounted/sliding fee scale is available based on income and family size. <u>Website: https://darrinsplace.com/</u>
<u>Santa Fe</u> <u>Recovery Center</u>	Española: 510 Paseo de Onate, Española, NM	505-747-8302 505-471-4985	Outpatient substance abuse counseling.	Website: https://www.sfrecovery.org/



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
RESOURCE	5312 Jaguar Drive Santa Fe, NM 87507	505-471-4985	Regular and intensive substance abuse outpatient treatment, residential treatment, detox treatment program, medication assisted treatment, recovery housing, and sober living.	
<u>New Moon</u> Lodge	Ohkay Owingeh, NM 87566	505-852-1377	Residential facility for adult Native American males from all tribes within United States.	Website: https://www.newmoonlodge.org/
Inside Out	919 No. Riverside Drive Ste. B1 Española, NM 87532 (behind The Rock)	505-367-3500 <u>info@recoveryi</u> <u>nsideout.org</u>	Peer support counseling services; GED preparation and tutoring; group sessions; acupuncture; yoga; juvenile substance abuse groups; free clothing bank; job development services, and resume assistance.	<u>Website:</u> https://recoveryinsideout.org/
<u>Santa Clara</u> <u>Pueblo</u> <u>Behavioral</u> <u>Health</u> Department	360 Fog Rd., Española, NM	505-692-6315	Mental and substance abuse counseling and case management.	Website: https://newmexico.networkofcare.org/mh/services/ag ency.aspx?pid=santaclarapueblobehavioralhealth_1446 _2_0
<u>Santa Fe</u> <u>Mountain Center</u> <u>(Española</u> <u>Integrated Care</u> <u>Center)</u>	510 Paseo de Onate, Española, NM 1524 Bishops Lodge Rd Santa Fe, NM 87506	505-690-4915 or 505-983- 6158	Counseling and recovery services, HIV testing and prevention, STD testing and services, hepatitis services, harm reduction/syringe services, overdose prevention/naloxone.	Walk-ins are welcome on Thursdays and Fridays. Southwest CARE Center is also on the premises on Tuesdays and Thursdays, offering rapid and confirmatory HIV/HCV testing and access to HCV services and treatment, medical assessment, and referrals. <u>Website: https://themountaincenter.org/about- us/locations/</u>



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Four Winds Behavioral Health	4100 Barbara Loop SE, Rio Rancho, NM 87124	505-702-8547	Drug and alcohol treatment facility offering intensive outpatient program, domestic violence offender treatment, anger management, parenting, co-occurring disorders, crisis intervention, individual/group/family therapy, 12 Step Meetings, health services (medical, dental, medication management medication assisted treatment).	Serves all of New Mexico and offers discounted fees for patients who qualify. <u>Website:</u> https://fourwindsbehavioralhealth.org/
<u>Barrios Unidos</u>	7 John Hyson Drive, Chimayo, NM 87522	505-351-1644/ 505-614-5379 barriosunidosc himayo@gmail. com	Drop in and support services for substance abuse, acudetox, 12 step meetings, and traditional healing.	Website: https://www.barriosunidoschimayo.org/
Mobile Harm Reduction/ Syringe Exchange	1000 Paseo de Onate, Española, NM (across the street from NNMC)	505-983-6158	Provides a safe space for people who use drugs and other substances to get the services and support they need. The mobile and walk-in syringe exchanges offer clean needles and injection tools, overdose prevention training and safer injection counseling with peers and health care professionals.	<u>Website:</u> https://themountaincenter.org/services/harm- reduction-new-mexico/
Rio Arriba County Health and Human Services	Rio Arriva Health Commons	505-753-1418	Various services including case management, help accessing detox and treatment.	<u>Website</u> : http://www.rio- arriba.org/departments_and_divisions/health_human_ services.html
<u>New Mexico</u> <u>Treatment</u> <u>Services</u>	1227 N. Railroad Ave. Suite C., Española, NM (Additional locations in Santa Fe and Farmington NM)	505-747-8187	Methadone, suboxone, and counseling services.	New patient intake days: Tuesday and Wednesdays 5:30pm. <u>Website:</u> http://nmts.us/espanola.html



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Turquoise Lodge</u> <u>Hospital</u>	5400 Gibson Blvd SE, Albuquerque, NM 87108	505-841-8978 Option 4	Substance abuse treatment services to New Mexico residents including medical detoxification, social rehabilitation services, and intensive outpatient services.	Priority patients for services include pregnant injecting drug users, pregnant substance abusers, other injecting drug users, women with dependent children, and women and men seeking to regain custody of their children. <u>Website:</u> https://www.nmhealth.org/about/ofm/ltcf/tlh/
CARE Campus Detox (Formerly MATS)	5901 Zuni Rd. SE Albuquerque NM 87108	505-468-1555	Detoxification services, non-medical interventions and referrals.	Website: https://sharenm.org/bernalillo-county- department-of-behavioral-health-services-dbhs/care- campus-detox-formerly-mats
Sangre de Cristo House	816 NM-22, Peña Blanca NM, 87041	505-465-2040	Transitional living program for women who have substance use disorders and a range of other needs	Website: https://www.facebook.com/sdchouse/

ONLINE RECOVERY RESOURCES:								
<ul> <li><u>Alcoholics Anonymous / New Mexico</u></li> <li><u>Al-Anon Electronic Meetings</u></li> <li><u>Virtual Narcotics Anonymous - Online or by Phone</u></li> <li><u>Narcotics Anonymous Meeting Finder</u></li> <li><u>Recovery Dharma Online Meetings</u></li> <li><u>Friendship Club, Santa Fe: 505-982-9040 1316 Apache Ave, Santa Fe, NM 87505</u></li> </ul>	<ul> <li><u>Online Group AA Meetings</u></li> <li><u>Never Alone Club - 24 Hour Online Chat &amp; Support</u></li> <li><u>Substance Abuse and Mental Health Services Website</u></li> <li><u>Sharps Hotline</u> – 505-901-9020 (for locations and hours) or 505-690-4915 (mobile unit direct cell phone)</li> </ul>							

### Family Services

RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>NewMexicoKids</u>	1634 University Blvd NE, Albuquerque, NM 87102	1-800-691-9067	Childcare resource & referral line. Offers a variety of services and resources for both educators and families in the State of New Mexico.	Website: www.NewMexicoKids.org/home
<u>Las Cumbres</u> <u>Family, Infant,</u> <u>Toddler Program</u> (Rio Arriba)	404 Hunter Street, Española, NM 87532	505-753-4123	Community infant & early childhood programs, youth & caregiver programs and services for adults with intellectual and/or developmental disabilities. Child Find's Parent Help program offers free, confidential, telephone-based services to parents in conflict. Help families explore safe, legal options and available support systems to resolve family conflicts. Access provided to comprehensive information and referral network.	<u>Website:</u> https://www.lascumbres-nm.org/rio- arriba
Child Find's Parent Help Program	Web-based platform (see link)	1-800-716-3468	Provides professional services designed to defuse family conflicts that can lead to abduction and abuse such as crisis intervention, conflict management, safety planning, communication, and parenting skill-building. Also, offers training programs for parents and allied professionals.	<u>Website:</u> https://childfindofamerica.org/services/parent- help/
Creation Station Daycare & Development Center	1732 El Llano Rd, Española, NM 87532	505-747-6947 505-423-3483	Provides care for infants and children up to 5 years of age.	Website: https://creationstationdaycaredevelopmentcen ter.business.site/
YDI Hernandez Head Start ( <u>Youth</u> <u>Development, Inc.</u> ( <u>YDI)</u>	1816 Lopez Ln, Española, NM 87532	505-747-2439	Comprehensive services include a multicultural educational program that is tailored to children's individual needs, fosters their self-esteem, and develops cognitive, language, motor, and social skills; medical and dental screenings and follow-up treatment, along with classroom lessons that emphasize a variety of preventative health practices; nutritious meals and snacks eaten in family style settings; evaluation, diagnosis, and special services,.	<u>Website:</u> https://www.ydinm.org/



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
YDI Espanola Head Start ( <u>Youth</u> <u>Development, Inc.</u> ( <u>YDI)</u>	340 N. Railroad Ave., Española, NM 87501	505-747-0502 or 505- 747-1456	Serves prenatal to 5 years old. Provides support services that include child education and care, home visitation, family development and engagement, support services for grandparents raising young children, relationship training, and parent training/advocacy.	Eligibility/Ages: No first-time parent requirements. Enroll prenatal to age 3. Serves Rio Arriba County. <u>Website:</u> https://www.ydinm.org/
<u>Conjunto</u> <u>Preschool</u>	404 Hunter St, Española, NM 87532	505-753-4123	Therapeutic preschool program that supports all areas of development in an integrated curriculum, with a particular emphasis on social, emotional and adaptive behavior.	FREE breakfast and lunch served daily, afternoon snacks. FREE TUITION!! Children MUST be four years old by September 1st. <u>Website:</u> https://www.lascumbres- nm.org/conjunto
McCurdy Ministries Community Center	362A S. McCurdy Rd, Española, NM 87532	eromero@mccurdy.or g or call 505-753- 7221.	After school care for ages for preschool to 6th grade students; free pre-k program.	Website: https://mccurdy.org/
Family Learning Center, Inc.	436 N Paseo De Onate in Española, NM.	505-367-0004	Child Care Center with a maximum capacity of 39 children. This child care center helps with children in the age range of 3, 4, 5 years old.	The provider also participates in a subsidized child care program.
<u>Ohkay Owingeh</u> <u>Head Start &amp; Pre-K</u>	170 Community School Rd, Ohkay Owingeh, NM 87566	505-852-2358	Center's no-fee services are open to Native and non-Native children, regardless of household income. Services include Head Start (comprehensive preschool school program for children ages 3-5), preschool program (children ages 4 to 5 by September) and early intervention (providing disability services for children and families 0-5 years old). Children enrolled at Ohkay Owingeh have access to dental and health screenings, nutrition services and many daily activities.	<u>Website:</u> https://ohkay.org/head-start/

RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Little Warriors Daycare	810 N Paseo De Onate, Española, NM 87532	505-747-6859	Child Care Center for children in the age range of Infant, 1, 2, 3, 4, 5 years old.	The provider also participates in a subsidized child care program.
Creative Kids Child Care	241 Paseo De Onate, Española, NM 87532	505-747-7090	Child Care Center with a maximum capacity of 43 children. This child care center helps with children in the age range of 2, 3, 4, 5 years old.	The provider also participates in a subsidized child care program.
Little Creations Daycare	919 N Riverside Dr, Española, NM 87532	505-753-2094	Child Care Center with a maximum capacity of 89 children. This child care center helps with children in the age range of Infant, 1, 2, 3, 4, 5 years old.	The provider also participates in a subsidized child care program.
<u>Española</u> <u>Presbyterian</u> <u>Hospital First Born</u> <u>Program</u>	1010 Spruce St., Española, NM 87532	505-753-1510	Home visits encourage the development of skills and knowledge around infant growth and development, nurturing positive relationships, and creating safe environments. Serves prenatal to 3 years of age.	Eligibility/Ages: Prenatal or newborn under 2 months of age. Available to women having their first child, first-time families, and families adopting their first baby. Serves Rio Arriba County. <u>Website:</u> https://espanola- hospital.phs.org/services/Pages/patient- support-services.aspx
Family Strengths <u>Network</u>	3540 Orange St., Los Alamos, NM 87544	505-753-7111	<ul> <li>Provides education, support groups, and activities to all types of families, parents, teens, and children. Most programs and activities are completely free! Childcare for all classes is available on request at no additional charge.</li> <li>Also, open is a Toy Lending Library onsite containing 400 toys for children up to age five. Keep your child's play varied without buying new toys. Toys may be checked out for two weeks. Great for families with little ones visiting, too! Available in addition is a Family Resource Library that houses 1,200 books and DVD's on topics related to family well-being.</li> </ul>	<u>Website</u> : phs.org/espanola-hospital



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Las Cumbres Community Services	404 Hunter Street, Española, NM 87532	505-753-4123	Provides information, support and encouragement through home-based services for families of infants prenatal to age 3. Spanish-speaking staff are available.	Eligibility/Ages: Enroll prenatal to age 3. No first-time parent requirements. Serves Rio Arriba and Santa Fe Counties. <u>Webste:</u> https://www.lascumbres- nm.org/child-and-family-services
<u>Santa Fe Boys &amp;</u> Girls Club - Santa <u>Cruz</u>	145 Quintana St., Santa Cruz 87532	505-629-8642	Provides programs and support services that allow Club members to develop skills to be ready for life. Provides an educational, fun and safe place for kids to spend their afternoons during the school year, and their days during summer vacation.	<u>Website:</u> http://www.bgcsantafe.org/home.html
<u>GreatSchools</u>	Web-based platform (see link)	Web-based platform (see link)	Free web-based tool that offers a database of more than 200,000 PreK-12 public, charter, magnet and private schools across the U.S., and includes information on how parents can choose the best school for their children. It also features about 2,000 articles and videos that provide information on how parents can help their children be successful in school with free materials such as subject-based worksheets, parent-teacher conference information, homework help tips, college preparation support, and answers to parenting questions.	<u>Website</u> : https://www.greatschools.org/
Fatherhood.gov	Web-based platform (see link)	1-877-4-DAD-411 (1-877-432-3411)	Provides tips, hints, and connections to fatherhood programs to support positive parenting.	Website: https://www.fatherhood.gov/

RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Child Support Enforcement Division	37 Plaza la Prensa - Santa Fe	1-800-283-4465	The Child Support Enforcement Division administers the state and federal program to collect support from Non-custodial Parents. Its primary mission is to maximize the collection of child support for all New Mexico children.	<u>Website:</u> https://www.hsd.state.nm.us/about_the_depar tment/child_support_enforcement_division/
<u>Diaper Depot</u> <u>Program</u>	The Food Depot office at 1222A Siler Road, Santa Fe, NM 87507. (large building in the back, not the green building on the street.)	Vilmamartinez@thefo oddepot.org 505-510-5829	The Diaper Depot monthly diaper program exists to help families by providing a one-week supply of disposable diapers plus wipes per child each month.	<u>When</u> : Mondays from 9:30-11:30 a.m. and Thursdays from 4-6 p.m. <u>Requirements</u> : The monthly diaper program is part of The Food Depot's Resource Navigation Program. A simple enrollment is required. There are no other eligibility requirements. You do not need identification or proof of income.

#### Housing and Rent Assistance

RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Sangre de Cristo House	815 NM-22, Peña Blanca NM, 87041	505-465-2040	Transitional Living Program for women who have substance use disorders and a range of other needs.	Website: https://www.facebook.com/sdchouse/
<u>Casa Cerrillos</u> <u>Supportive Housing</u> (St. Elizabeth Shelters & Supportive Hosing)	3811 1/2 Cerrillos Rd, Santa Fe, NM 87507	505-471-3456	Casa Cerillos provides permanent supportive housing for single disabled men and women. The program also provides case management and life-skills training. Open Monday through Friday from 9 am to 5 pm. Must call to inquire about the application process and present an ID. There might be a Spanish translator but no onsite staff.	<u>Website:</u> https://www.steshelter.org/



		CONTACT		
RESOURCE	LOCATION	INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Casa Familia Women</u> <u>and Family Shelter</u> (St. Elizabeth Shelters and Supportive Housing)	1604 Berry Ave, Santa Fe, NM 87505	505-983-2042	Emergency shelter for single women and families. Open 24/7. The shelter provides temporary housing for up to 4 months, food, clothing, case management, and counseling. No requirements are needed. However, due to COVID, there is a waitlist to be screened for COVID. The office is not open to the public, but it is still operating from 8 am to 5 pm. Call first for screening. There might be a Spanish translator but no onsite staff.	<u>Website:</u> https://www.steshelter.org/
Men's Emergency Shelter (St. Elizabeth Shelters and Supportive Housing)	706 lay Joya St, Espanola, NM, 87532	505-747-4326	Emergency shelter for adult men, open 24/7/365, provides temporary housing (up to 4 months), food, clothing, case management, and counseling. Because of Covid-19, there is a waitlist process; if interested, call to get on the waitlist and screen for Covid-19. Outreach services like hygiene products and food are also available, come to the office, ring the doorbell, or call ahead. No requirements are needed. Spanish-speaking staff is available.	<u>Website:</u> https://www.steshelter.org/
Santa Fe Suites (St. Elizabeth Shelters & Supportive Hosing)	3007 S. St. Francis Dr. Santa Fe, NM 87505	505-989-3600	Offers permanent supportive housing for singles and couples and case management. Must call to fill out an application and provide an ID. The office is open from 9 am to 5 pm. Spanish-speaking staff is available.	Website: https://www.steshelter.org/



		CONTACT		
RESOURCE	LOCATION	INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Siringo Senior</u> <u>Housing</u> (St. Elizabeth's Shelter)	1905 Siringo Rd, Santa Fe, NM 87505	505-204-0122	Siringo Senior Housing Program offers supportive housing services to homeless seniors 55 and older. An onsite program manager provides case management, financial counseling, and assistance with obtaining benefits and referrals to other human-services agencies and healthcare providers. Residents should be able to live alone with a high degree of independence. Call for office hours and more information about the application process; ID must be provided when applying. There might be a Spanish translator but no onsite staff.	<u>Website:</u> https://www.steshelter.org/
Esperanza Domestic Violence Shelter	3130 Rufina Street Santa Fe, NM 87507	24-HOUR CRISIS HOTLINE: 505.473.5200 or 1.800.799.7233 Support Center: 505-474-5536	Confidential housing, counseling, food, clothing and supplies—for you and your children. Assistance with transportation getting to the shelter. Esperanza also helps abuse survivors work within the court system. All program services are provided at no cost to survivors.	Serves Santa Fe County and the eight Northern Pueblos. Occasionally shelter domestic abuse victims from other parts of New Mexico and even some from other parts of the U.S. when necessary. <u>Website:</u> https://esperanzashelter.org/
Interfaith Community Shelter, aka Pete's Place	2801 Cerrillos Road Santa Fe, NM 87507-2311	505-795-7494 or email interfaithsheltersf @gmail.com.	Short-term survival services including shelter/food/showers. Also, offers a range of services through partnership with local service providers who help with counseling, substance abuse, health care, job hunting, veteran support and legal challenges. Services are available during the day all year long for any low or no- income individual whether he or she is experiencing homelessness or not.	Overnight Shelter for Men, Women and Families is available during winter season (women and children only during the summer months) on a first-come, first- serve basis. The shelter is open from 6 pm to 10 pm. *It is currently only accepting clients who have stayed there since January of 2020. * See the website for the Day Services Schedule. <u>Website:</u> https://interfaithsheltersf.org/





RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Resource <u>Rock Christian</u> <u>Fellowship</u>	919 N. Riverside Dr. Española, NM 87532	505) 753-2094 ministryinfo@roc kcf.org	Provide food, clothing, spiritual discipleship, a vocational discipleship home (for men), private Christian K-12 education, a child Day Care.	Website: http://www.rockcf.org/about
Dream Tree Project Youth Shelter	128 La Posta Rd, Taos, NM 87571	(575) 759-9595	Emergency teen shelter (ages 12 to 17), a transitional home (ages 16 to 24), life skills classes, and resources for youth throughout northern New Mexico	Emergency teen shelter is open 24/7, to youth ages 12 to 17. You can come in anytime, or you can take a tour - just stop by, call at 575-758-9595, or text at 575-770- 7704. <u>Website:</u> https://www.dreamtreeproject.org/
<u>Youth Shelters and</u> <u>Family Services</u>	5686B Agua friast. Santa Fe, Nm 87507 Emergency Shelter, Community Counseling Center, Food Pantry: 5686B Agua Fria St. Santa Fe, NM	505-983-0586	<ul> <li>Drop-In Center, where youth can obtain food, take a shower, do laundry, use computers, and call family and friends.</li> <li>Community Counseling Center serves children, youth and families who are homeless, nearly homeless, or otherwise in crisis. Pregnant and Parenting Assistance. 24/7 Youth Emergency Shelter (ages 10-17), Cold Weather Shelter (ages 18-22), Transitional Living (ages 17-22), Rapid Rehousing (ages 18-24), Food Pantry, and Street Outreach.</li> <li>Food Pantry provides a free weekly food bag for youth ages 25 and under.</li> </ul>	Intake Coordinator: Kari Walker; <u>kwalker@youthshelters.org</u> ; 505-629-6303 No documents are needed for the screening interview. Intakes happen over the phone. If the potential client speaks Spanish only, call STAR case manager Scarlett 505-629-8050 <u>Website:</u> https://youthshelters.org/



		CONTACT		
RESOURCE	LOCATION	INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Crisis Center of</u> <u>Northern New</u> <u>Mexico</u>	577 El Llano Road, Española, NM 87532	505-753-1656	Provides domestic violence services for the counties of Rio Arriba, Los Alamos, and Santa Fe. Services include 24/7 emergency shelter, crisis intervention, counseling, skills and knowledge groups, case management, and legal advocacy including help with orders of protection.	<u>Website</u> : https://crisis-centers.org/about-us
S.A.F.E. House (Sheltering and empowering survivors of intimate partner violence)	Albuquerque, NM 87125	505-247-4219 (Local) 800-773- 3645 (Toll-Free) info@safehousen m.org	85-bed facility that offers 90 days of free lodging and services, including case management, therapy for adults and children, enrichment classes, a children's program, and safety planning.	Website: https://www.safehousenm.org/
Espanola Pathway Shelter	628A N. Riverside Dr. Española, NM 87532	505-753-4453	Emergency Low Barrier small scale (18 – 20 bed) homeless shelter for men and women ages 18 – 81.	Website: https://www.facebook.com/EPathwaysShelter or http://espanolapathwaysshelter.org/
Emergency Rental Assistance Program	1302 C. de la Merced, Espanola, NM, 87532	505-359-7880 DFARental.Progra ms@state.nm.us	May cover rent, utility bills (electric, gas, water, sewer, trash removal, fuel oil, wood and pellets), and other expenses related to housing costs such as hotel/motel costs.	Applications will be accepted until September 2022. Website: https://www.renthelpnm.org/
Taos Men's Shelter	226 Albright Street, Taos NM 87571	575-779-9198	Offers low-barrier access to overnight shelter, food, laundry, showers, peer support and case management 365 days a year for the homeless men of Taos County.	Website: https://www.taosmensshelter.org/



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
<u>Santa Fe Civic</u> <u>Housing Authority</u>	52 Camino de Jacobo, Santa Fe, NM 87507	505-992-3060	Aims to provide decent, safe and sanitary housing to low and very low-income Santa Fe County residents. See website for program qualification guidelines.	Currently open to the public by appointment only. Staff will be available to assist during regular business hours. Monday, Tuesday, Thursday, and Friday open from 8 am to 5 pm (closed from 12 pm to 1 pm), Wednesday is open from 8 am to 12 pm and closed on weekends. Call to find out more about the application process. Spanish-speaking staff is available. <u>Website:</u> www.santafecountynm.gov/housing_services
<u>Rio Arriba County</u> <u>Housing</u>	1122 Industrial Park Road, Española, NM 87532	1-505-753-7870	Low-income Public Housing	Website: http://www.rio- arriba.org/departments_and_divisions/housing.html
<u>City of Santa Fe and</u> <u>Santa Fe County</u> <u>CONNECT Platform</u>	200 Lincoln Avenue Santa Fe, New Mexico 87504-0909	505-247-3671	Network of navigators at clinics, community organizations, and city and county programs. Agencies in the network are connected through a shared technology platform enabling navigators to send and receive secure electronic referrals, address residents' social needs, and improve individual and community health. Non-medical needs such as secure housing, utilities, reliable transportation, nutritious food, and safe physical and social environments are key elements which CONNECT helps guide residents seeking assistance through using the platform.	<u>Website:</u> https://www.santafenm.gov/connect
American Red Cross	2121 Osuna Rd. NE Albuquerque, NM 87113	(505) 265-8514 (Local) 1-800-842-7349 (Disaster Relief) (877) 272-7337 (Military Family Support)	Helps with temporary sheltering/housing, mental health assistance, financial assistance, health services	Website: https://www.redcross.org/local/az-nm/get- help.html



RESOURCE	LOCATION	CONTACT INFO.	RELEVANT SERVICES	ADDITIONAL INFORMATION
Española Housing Authority	136 Calle de Pajarito, Española, NM 87532	1-505-753-3897	Low-income Housing	Contact the Housing Authority directly to obtain more information about eligibility requirements, availability of rentals or vouchers, the status of any waiting lists and their application procedures.

Food Assistance \*("Commodities" means this site distributes U.S. Department of Agriculture TEFAP (The Emergency Feeding Assistance Program) foods. Commodities are county and income-based. Clients receiving food will need to provide name, address, agebreakdown of household, and certify income is within guidelines. Clients should be a resident of the county in which they seek commodities).\*

#### \* Rio Arriba County Food Assistance:

RESOURCE	ADDRESS	CONTACT INFO.	ADDITIONAL INFORMATION
<u>San Martin de Porres</u> <u>Soup Kitchen</u>	171 Jonathan Street, Española, NM 87532	(505) 753-4956 or 505-927-8284	Operates at the Apple Valley Senior Center five times a week, Monday through Friday; serving a hot lunch from 11:30 – 12:00. The SMDP Soup Kitchen serves anyone referred to by a Church or State Agency. <u>Website</u> : <u>http://www.smdpsoupkitchen.com</u>
Rock Christian Fellowship	919 Riverside Drive, Española.	505-753-2094	Distributes Thursday and Friday from 9:30 am – 10:30 am. Call for emergency food assistance.
St Vincent de Paul – Sacred Heart	908 Calle Rosario, Española	505-484-8698	Distributes 3rd Saturday 7-9 am or until food runs out. *(Commodities)



RESOURCE	ADDRESS	CONTACT INFO.	ADDITIONAL INFORMATION
Chama Valley Food Pantry	First Baptist Church of Chama 499 Maple Ave Chama NM 87520	505-209-0268	Distributes the 1st and 3rd Saturday of each month from 10:00 am – 12:00 pm. *(Commodities)
Barrios Unidos Communities Without Walls	John Hyson Education Center State Road 76, Camino Mission	505-614-5680 or 505-351-1644	Distributes first & third Monday of the month beginning at 12 Noon and until 3 pm or until the food runs out. *(Commodities)
<u>Carnelian Center</u>	219 State Rd. 75, Dixon, NM	For more information call Scott and Lluvia at 505-689-2641 OR the day of 505-803- 1476.	Distributes every Wednesday from 12:00 – 1:00pm or until food runs out (not Commodities). <u>Website</u> : http://carneliancenter.org/
Ojo Sarco Community Center	159 County Road 69, Ojo Sarco	505-689-1055	Emergency food boxes available (serving Ojo Sarco Residents) (not Commodities).
Truchas Service Center, Inc.	Holy Rosary Catholic Church Highway 76 in Truchas	505-689-1099	Distributes 2nd & 4th Wednesday of the month from 9:30 am – 10:30am (serving residents of Truchas and Cordova) (not Commodities).
Abiquiu Mobile Food Pantry Joe Ferran Gym next to St Thomas the Apostle Catholic Parish – up the hill from Bode's Store Highway 84	32 Co Rd 187, Abiquiu, NM 87510	505-471-1633	Distributes the third Thursday of the month after truck delivers food – distribute approximately between 9:15 – 10:30am or until food is gone. *(Commodities)
Chamita Mobile Food Pantry	Chamita Community Center 42 County Road 56A	505-490-0342	Distributes 4th Monday of the month from 9:30 am - 11:00 am or until food runs out *(Commodities)



RESOURCE	ADDRESS	CONTACT INFO.	ADDITIONAL INFORMATION
El Rito Mobile Food Pantry	Alumni Hall at the Northern NM College El Rito Branch/ St. John Nepomucene Church: 1190 NM 554, El Rito, NM 87530,	575-581-9115	Distributes the 3rd Thursday of the month beginning at 10:30 am until food runs out *(Commodities)
Summer Food Service	Visit the website for	1-800-EAT COOL	Summer Food Service Program for Children (SFSP) is administered on the Federal level by the
Program for Children (SFSP)	a location near you.		United States Department of Agriculture (USDA). The primary purpose of the SFSP is to provide food service to children from needy areas during periods when area schools are closed for vacation.
			Website: https://summerfoodnm.org/
New Mexico Women, Infants, and Children	Santa Fe WIC Office: 2538 Camino	505-476-2602 (Santa Fe Location)	Offers free healthy foods, nutrition education, nursing support, and community connections to help families live their best.
(WIC) Program	Entrada Santa Fe, NM 87507, USA	1-866-867-3124 (General NM Line)	Website: https://www.nmwic.org/
Compassion Through Action	Locations vary – visit website for more information.	Visit website for more information.	Distribute lunch sacks and hygiene kits every Saturday, in different locations around Espanola. Distribution is usually at the Goodwill parking lot and Walmart area. <u>Website</u> : https://www.facebook.com/groups/CTANM/about
Senior Citizens Program	Eight Senior Centers throughout Rio Arriba County (Espanola, Chama, Alcalde, Coyote, El Rito, Dixon, Truchas, Tierra Amarilla)	505-753-7595	Congregate meals and home delivered meals. Congregate Meals are available to seniors age 60 and over, married to someone age 60 and over, or disabled and reside with and accompany another eligible individual. Home delivered Meals are available to seniors age 60 and over who are unable to prepare a nutritious meal for themselves and unable to attend the congregate setting. Senior Center staff will determine through assessments if a participant qualifies for home delivered meals. <u>Website</u> : http://www.rio-arriba.org/departments_and_divisions/seniors.html

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#### Santa Fe County Food Assistance:

RESOURCE	ADDRESS	CONTACT INFO.	ADDITIONAL INFORMATION
<u>Bag n' Hand Food</u> <u>Pantry</u>	St. John United Methodist Church 1200 Old Pecos Trail, Santa Fe, NM 87505	505-982-5397	Distributes each Tuesday *(Commodities) • Summer hours: Tuesdays, May 1 to October 31, 10:30 a.m. to 12:00 noon • Winter hours: Tuesdays, November 1 to April 30, 12:00 noon to 1:30 p.m. *The first time that clients come to the pantry, they must complete a registration process and present a government-issued photo ID. <u>Website</u> : http://www.sjumcsantafe.org/bag-n-hand-food-pantry-2/
Barrios Unidos	7 John Hyson Drive Chimayo, NM 87522	505-351-1644	Distributes the 1St & 3rd Monday of the month from 12:00 pm - 3:00pm (Commodities) Emergency food boxes available from 3:00 pm - 5:00 pm Monday -Friday <u>Website</u> : https://www.barriosunidoschimayo.org/
Bienvenidos Outreach	1511 5th St, Santa Fe, NM 87505	505-986-0583	Provides a free box lunch Monday through Thursday from 8:00 am – 1:00 pm Offers grocery boxes Monday through Thursday from 8:00 am –1:00 pm (can pick up two times per month). *(Commodities) <u>Website</u> : https://bienvenidosfoodpantry.org/
Christ Lutheran Church	1701 Arroyo Chamiso Road	505-983-9461	Distributes Thursdays from 9:30 am – 10:30 am (not Commodities) <u>Website</u> : www.christlutheransantafe.org



RESOURCE	ADDRESS	CONTACT INFO.	ADDITIONAL INFORMATION	
Fruit of the Spirit Ministries	3382A Lopez Ln, Santa Fe, NM 87507	505-660-6448	Distributes Friday – Monday from 9:00 am – 3:00 pm Call to schedule emergency box pick-up (not Commodities)	
Our Lady of Guadalupe Soup Kitchen	417 Agua Fria St, Santa Fe, NM 87501 Lower parking lot	505-983-8868	Provides a free meal Monday, Wednesday, Friday from 10:30 am –12:30 pm. *(Commodities) <u>Website:</u> www.santuariodeguadalupesantafe.com	
St. John the Baptist Catholic Church	1301 Osage Ave (Lamy Bldg.)	505-983-5034	Free lunch Monday, Tuesday, Thursday from 11:15 am – 12:15 pm. Distributes commodity food box the 3rd Thursday of the month from 3:00 pm – 4:00 pm (bring your own bags/box)	
<u>Salvation Army – Santa</u> <u>Fe</u>	525 W. Alameda Street, Santa Fe 87501	505-988-8054 or Immanuel.Beeson@ usw.salvationarmy. org	Free breakfast Monday – Friday at 8:00 am - 8:30 am (Commodity emergency pantry food as needed) <u>Website</u> : http://santafe.salvationarmy.org/	
San Isidro Catholic Church	3552 Agua Fria St, Santa Fe, NM 87507	505-471-0710	71-0710 Food bag distribution every other Tuesday from 3:30 pm – 5:00 pm (call to register first) (not Commodities)	
The Food Depot Pantry	1222 Siler Rd A, Santa Fe, NM 87507 (behind Kitchen Angels - enter from the North entrance)	505-471-1633	The Food Depot holds a drive-thru/walk thru food pantry in Santa Fe every other Thursday at The Food Depot parking lot from 7 am to 9 am. Identification and proof of income are NOT required. At the drive-thru distributions, attendees remain in their car while volunteers place food in the trunk. (Please clear room in your trunk for groceries.) It is possible to pick up food for one other household at this distribution. A member of the other household does not need to be present. Food distributed includes non-perishable items, fresh produce, bread, and meat and dairy items. <u>Website</u> : https://thefooddepot.org/get-help/	
Edgewood Mobile Food Pantry	Valley View Christian Church: 170 St Rd 344, NM- 344	505-281-8373	Distributes 4th Thursday from 4:00 pm to 6:00 pm (they will ask for a photo ID, RRFB agency). *(Commodities)	



RESOURCE	ADDRESS	CONTACT INFO.	ADDITIONAL INFORMATION	
Cerrillos Food Mobile	The Food Depot Dirt area near railroad tracks across from the Cerrillos Hills State Park	505-471-1633	Distributes the 1st and 3rd Thursday of the month from 11:30 am – 1:00 pm (not Commodities).	
Kearny Food Mobile	<u>Kearny Elementary</u> <u>School: 9</u> 01 Avenida de Las Campanas, Santa Fe, NM	505-471-1633	Distributes the 1st Friday of the month from 11:30 am – 1:00 pm (not Commodities).	
Pojoaque Food Mobile	Pojoaque Pueblo Plaza: 5 W Gutierrez Street 9, Santa Fe, NM	505-471-1633	Distributes 1st Tuesday of the month from 12:30 pm – 2:00 pm (not Commodities).	
Southside Library Mobile Food Pantry	<u>Santa Fe Public</u> <u>Library</u> - Southside Branch 6599 Jaguar Drive, Santa Fe, NM	505-471-1633	Distributes 4th Tuesday of the month from 10:00 am – 11:30 am (not Commodities).	
Soleras Station Apartments Food Mobile	4804 Rail Runner Road, Santa Fe, NM	505-471-1633	Third Friday of the month, 11:30 a.m. to 12:30 p.m.	
Stage Coach Apartments Food Mobile	3360 Cerrillos Road, Santa Fe, NM	505-471-1633	Second Friday of the month, 11:30 a.m. to 12:30 p.m.	



#### Taos County Food Assistance:

RESOURCE	ADDRESS	NUMBER/EMAIL	ADDITIONAL INFORMATION
Shared Table	<u>El Pueblito United</u> <u>Methodist Church</u> : 1309 Paseo del Pueblo Norte, El Prado, NM 87529	575-758-3166 or <u>elpueblitoumc@g</u> <u>mail.com</u>	Distribute food and basic health-care items, plus some school supplies, on the 2nd & 4th Wednesdays of every month, all year long. Open to the public from 11:00 – noon in El Prado. <u>Website</u> : http://elpueblitoumc.org/
	<u>Talpa Community</u> <u>Center:</u> 3 Archuleta Rd, Ranchos De Taos, NM 87557	575-751-1014 or e-mail: talpacommunityce nter@yahoo.com.	Distribute from 2:00 – 3:00 in the Talpa community center.
<u>St. James Episcopal</u> <u>Church</u>	208 Camino de Santiago, Taos, NM 87571	575-779-6715	Distributes Thursdays from 12:30 pm to 3:45 pm. (emergency food boxes available) (Commodities) <u>Website</u> : https://newmexico.networkofcare.org/aging/services/agency.aspx?pid=stjamesepiscopalc hurch_1534_1_0'
The Giving Tree (Behind ALLSUPS and next to SEARS)	1044 Paseo del Pueblo Sur, Ste.B, Taos, NM 87571	505-980-3387 or ladydjs@gmail.co m	Distributes the last Wednesday of the month from 12:00 pm -3:30 pm (emergency boxes available) (not Commodities) <u>Website</u> : http://givingtreetaos.com/?fbclid=IwAR17Tn1RhELn83Fra7h8RrkApvD0s0318- rHJ0U250iCyu7fNphx1sRIVvk
Santo Nino Carson Carson Community Center	4 South Carson Way	575-751-3090	Distributes Thursdays from 2:30 pm – 3:30 pm
North Central Food Pantry	Embargo Road (next to Senior Center)	575-0779-9194	Distributes the 2nd and 4th Friday of the month from 9:00 am- 12:00pm (emergency food boxes available) *(Commodities)
La Jicarita Food Basket	Penasco Community Center: 14136 NM-75, Peñasco, NM 87553	505-480-3846	Distributes the 2nd and 4th Wednesdays of the month beginning at 9:30 am (emergency food boxes available) (not Commodities)

#### Financial and Employment Assistance

RESOURCE	CONTACT INFO.	RELEVANT SERVICES
YES New Mexico	1-800-283-4465	Help with Medical Assistance (Medicaid), Food Assistance (SNAP), Cash Assistance (TANF), Energy Assistance (LIHEAP) <u>Website</u> : https://www.yes.state.nm.us/yesnm/home/index
I Need Assistance	Web-based platform (see link)	Information for individuals experiencing financial hardship. Website: http://www.newmexico.gov/i-need-assistance/
Help New Mexico, Inc.	505-986-9003 505-265-3717	Help New Mexico, Inc. serves the following counties: Bernalillo, Catron, Chavez, Cibola, Colfax, Doña Ana, Grant, Hidalgo, Los Alamos, Luna, McKinley, Mora, Otero, Rio Arriba, San Miguel, San Juan, Sandoval, Santa Fe, Sierra, Socorro, Taos, Torrance, and Valencia. However, not all programs are available in all counties. Programs include: Education, Financial Assistance, Finding a Job, Housing, Child Care or Early Childhood Education, Basic Health and Safety Assistance and Employees. Interested parties must apply through their website. <u>Website</u> : www.helpnm.com
PNM Good Neighbor Fund	844-378-5792	Contact the PNM Good Neighbor Fund to get \$150 of additional help towards the electric bill. Household income qualifications can be found here: <u>https://www.pnm.com/gnf-applying-for-help</u> . Applicants will need to provide proof of all household income, proof the applicant was approved for LIHEAP, IDs for all persons in the home, and a past-due PNM bill. Please note that the Good Neighbor Fund can only be accessed once per year.
New Mexico Workforce Connection	Web-based platform (see link)	New Mexico's official online portal to virtual job matching services, employment resources, veteran services, the Unemployment Insurance Tax & Claim System, and more. <u>Website</u> : https://www.jobs.state.nm.us/vosnet/Default.aspx
<u>New Mexico</u> <u>Department of</u> <u>Workforce Solutions</u>	505-753-2285	Career and unemployment support along with resources for financial difficulties. Website: <u>https://www.dws.state.nm.us/COVID-19-</u> <u>Info?fbclid=IwAR2ULfVa5IeGhzQgljfwsO68J11tuo2Mq2n3O2yuGqM9Izer4IAdB200R2</u> U



DECOUDEE		
RESOURCE	CONTACT INFO.	RELEVANT SERVICES
New Mexico Division of	706 La Joya St	Vocational counseling/guidance, job search assistance, disability determination services, employment training,
Vocational	Española, NM 87532	vocational rehabilitation technology, and post-employment services.
Rehabilitation	505-753-2908	
	888-901-3647 (Toll-	
	free)	Website: https://www.dvr.state.nm.us/
New Mexico Works	1-800-283-4465	The Temporary Assistance for Needy Families (TANF) program provides a monthly cash benefit used to meet basic
Program	Email: NMDWS-	family needs such as housing, utilities, and clothing. New Mexico Works connects TANF participants to exciting career
	NMW@state.nm.us	opportunities through the Career Link and Wage Subsidy programs.
		Website: https://www.dws.state.nm.us/NMWorks
Human Services	228 Oñate St	Income support, food assistance, health assistance.
Department	Española, NM 87532	
	505-753-2271	
	1-800-235-2835	
	1-800-283-4465	Website: https://www.hsd.state.nm.us/lookingforassistance/



#### Healthcare Assistance

RESOURCE	LOCATION	NUMBER/EMAIL	RELEVANT SERVICES	ADDITIONAL INFORMATION
Española Dental Clinic	Spañola Dental Clinic608-B La Joya Street Española, NM 87532505-753-9454 or 800-284-7284		Fillings Crowns Anterior root canals Partial Dentures Complete dentures Extractions Digital X-rays	Accept all forms of insurance, and have a sliding fee schedule for those who are uninsured. Also have a generous sum in grant money that is distributed among qualifying patients on a first come-first served basis. Open: Monday to Thursday: 7am – 5:30pm
			Cleanings Emergencies	<u>Website</u> : https://ecfh.org/family-dental-clinic- espanola/
El Centro Family Health	Rio Aribia Health Commons: 2010 Industrial Park Rd. Española, NM 87532	505-753-7395	Mental health and medical services (Mental health counseling, Opiate replacement therapy, pain management, nutrition counseling, Medicaid enrollment, Hepatitis C Treatment and Education, standard medical procedures and more).	Offers TeleHealth Appointments <u>Website</u> : https://ecfh.org/
SCHOOL-BASED CLINICS (El Centro Family Health)			Routine Check ups Sports Physicals Treatment of acute injuries or illnesses Immunizations	Open: Monday, Wednesday, Friday (DURING SCHOOL YEAR) 7:30 a.m. – 4:00 p.m.
	Carlos Vigil Middle School 1260 Industrial Park Rd Española, NM 87532	505-929-1636	Nutrition Counseling Weight Management Asthma Services Mental Health Counseling Healthy Relationships Health Care Career Encouragement Medicaid Enrollment	Open: Tuesdays, Thursdays (DURING SCHOOL YEAR) 7:30 a.m. – 4:00 p.m.



RESOURCE	LOCATION	NUMBER/EMAIL	RELEVANT SERVICES	ADDITIONAL INFORMATION
Las Clinicas del Norte	28 NM-571, El RIto, NM 87530 (Additional clinic locations in Ojo Caliente, Los Alamos, and Santa Fe)	575-581-4728	Medical, dental, counseling and community services. Also offers school based clinic services as particular sites and suboxone program at the Abiquiu site.	<u>Website</u> : https://www.lcdn.org/
<u>Española Public Health</u> <u>Office</u>	Rio Aribia Health Commons: 2010 Industrial Park Rd. Española, NM 87532	505-753-2794	HIV testing & prevention, rapid HIV testing, STD services (testing & treatment), Free condoms, hepatitis services: HBV/HCV testing & HAV/HBV vaccines, harm reduction/syringe services, overdose prevention/naloxone and cancer screenings.	Monday - Friday:8:00am-5:00pm; Closed 12-1 <u>Website</u> : https://opa-fpclinicdb.hhs.gov/service- site/espanola-public-health-office
Student Health Insurance Information	Web-based platform (see link)	Web-based platform (see link)	Information and resources regarding medical coverage options for college students and others.	Website: https://www.medicalbillingandcoding.org/health- insurance-guide/college-students/
Healthcare.gov	Web-based platform (see link)	844-885-5846	If you need help with your medical coverage visit Healthcare.gov or call 1-800-318-2596	<u>Website</u> : Healthcare.gov
<u>Española VA Clinic</u>	105 South Coronado Avenue Española, NM 87532-2862	505-367-4213	Delivers services to eligible veterans living in Rio Arriba County and outlying areas. Services and scope of care include: blood draws, EKGs (electrocardiograms), evaluations by doctors, routine lab tests, and social work services.	No emergency care is available at this facility. For after hours assistance, call 1-866-862-7863 or for emergency care call 911. <u>Website</u> : https://www.albuquerque.va.gov/locations/Espanol aClinic.asp



#### Transportation Assistance

			RELEVANT SERVICES
RESOURCE	LOCATION	CONTACT INFO.	
Española Public	1327bnorth Riverside	505-629-4725	Transportation
Transit	Drive, 87532	866-206-0754	
	Visit website for additional	505-629-5725	Provides shuttle service Monday through Friday. Hours of service are 6:00 am – 6:00 pm. We
Los Valles Transit	information.		are closed on holidays and any Rio Arriba County days that have been approved by the Board
			of Commissioners. Service areas are Espanola to Santa Fe; Turquoise Trail; and Pecos (I-25
			Corridor).
			Website: http://www.rio-arriba.org/departments_and_divisions/los_valles_transit.html
Senior Citizens	1122 Industrial park road	505-753-7597	Transportation assistance determined by Senior Center staff through assessment of eligibility.
Program	87532		

#### Aging, Disability, Personal Care Services

		RELEVANT INFORMATION
RESOURCE	CONTACT INFO.	
Aging and Long-Term Services	1-800-432-2080	Support aging in place-providing services in homes and communities, Support caregivers, combat senior hunger, encourage healthy and productive aging, build and sustain capabilities to meet emerging needs and challenges. Website: https://nmaging.state.nm.us/
<u>Grandparents Raising</u> <u>Grandchildren</u>	1-800-432-2080 (Toll-Free) 1-505-476-4846 (Santa Fe 1-505-476-4937 (TTY)	Support with information and advice, regardless of income, legal assistance for low-income people representing themselves, including drafting pleadings and on-going legal help throughout the case and referrals for direct legal representation.
		Website: https://nmaging.state.nm.us/caregiver-resources/grandparents-raising-grandchildren
Senior Citizens Program	505-753-7595	Based on eligibility, services may include: congregate meals, home delivered meals, transportation, recreation, adult day care (Espanola Center), and personal care options (PCO).
		Website: http://www.rio-arriba.org/departments_and_divisions/seniors.html



### Legal Assistance

RESOURCE	ADDRESS	CONTACT INFO.	RELEVANT INFORMATION
St. Elizabeth's Shelter	804 Alarid Street, Santa Fe, NM 87505	505-982-6611	Volunteer attorneys meet with low-income individuals as well as those experiencing homelessness in private sessions and provide on the spot legal information and advice as well as referrals to low income/pro bono legal service programs. The attorneys also help draft legal documents. In many instances, the problems of the interviewees can be resolved at the clinic. EVERY TUESDAY By appointment. <u>Website</u> : https://www.steshelter.org/legal-clinic
New Mexico American Civil Liberties Union (ACLU)	For more info about the northern New Mexico chapter, contact us at info@aclu-nm.org.	505-266-5915	Website: https://www.aclu-nm.org/
<u>State Bar of New</u> <u>Mexico's General</u> <u>Referral Program</u> ( <u>"SBGR"</u> )	Albuquerque, NM 87199 5121Masthead NE Albuquerque, NM 87109	505-797-6066 or 1-800- 876-6227	The referral program offers an up to 30-minute consultation/case assessment with a private attorney for a cost of only \$35. An intake person will ask for information needed to determine the area of law and county needed for the referral. A staff member will then contact attorneys and find one to consult with you for up to 30-minutes. During the consultation, you may receive legal advice, have documents reviewed and have questions answered by an attorney. Any representation or time beyond the up to 30-minute consultation/case assessment must be negotiated with the attorney. <u>Website:</u> https://newmexico.networkofcare.org/Aging/services/agency.aspx?pid=TheBridge toJusticeReferralProgram_1534_1_0
New Mexico Center on Law and Poverty	301 Edith Blvd NE Albuquerque, NM 87102	505-255-2840 or contact@nmpovertylaw. org	Website: http://nmpovertylaw.org/



RESOURCE	ADDRESS	CONTACT INFO.	RELEVANT INFORMATION
<u>New Mexico Legal Aid,</u> <u>Inc.</u>	Offices in Santa Fe, Albuquerque and other locations. See website for all locations.	1-833-LGL-HELP (1-833- 545-4357) (generally Monday through Thursday, 10am to 3pm)	Website: https://www.newmexicolegalaid.org/
UNM School of Law– Clinical Law Program (Abq.)	1117 Stanford NE MSC11 6070, 1 University of New Mexico Albuquerque, NM 87131	505-277-5265	Call directly for availability of legal services.
Office of Equity & Inclusion	One Civic Plaza NW 3rd floor Suite 3013 Albuquerque NM 87102	505-768-4712 (505) 768- 3307	Website: https://www.cabq.gov/office-of-equity-inclusion
<u>New Mexico</u> <u>Department of</u> <u>Workforce Solutions,</u> <u>Human Rights Bureau</u> <u>(Santa Fe)</u>	1596 Pacheco St., Suite103 Santa Fe, NM 87505	505-827-6838 or 1-800- 566-9471	The Bureau accepts and investigates claims of discrimination based on race, color, national origin, religion, ancestry, sex, age, physical and mental handicap, serious medical condition, spousal affiliation, sexual orientation, and gender identity in the areas of employment, housing, credit or public accommodation. <u>Website</u> : https://www.dws.state.nm.us/Human-Rights-Information
Equal Employment Opportunity Commission ("EEOC")	505 Marquette Avenue, NW Suite 900 - 9th Floor Albuquerque, NM 87102	1-800-669-4000 For Deaf/Hard of Hearing callers: 1-800-669-6820 (TTY) 1-844-234-5122 (ASL Video Phone) info@eeoc.gov	You are encouraged to visit the EEOC Public Portal (https://publicportal.eeoc.gov/) to schedule an intake appointment by telephone. <u>Website</u> : https://www.eeoc.gov/
Disabilities Rights New Mexico ("DRNM")	3916 Juan Tabo Blvd NE, Albuquerque, NM 87111	505-256-3100 or 1-800- 432-4682	Website: http://www.drnm.org/
<u>New Mexico Public</u> Defender Department	301 N. Guadalupe Street Santa Fe, NM 8750	505-395-2888	Website: http://www.lopdnm.us/



RESOURCE	ADDRESS	CONTACT INFO.	RELEVANT INFORMATION
New Mexico Attorney General's Office of Consumer Protection	408 Galisteo Street Villagra Building Santa Fe, NM 87501	505-490-4060	Website: https://www.nmag.gov/
Legal Resources for the Elderly Program ("LREP")	5121 Masthead NE Albuquerque, NM 87109	505-797-6000 or 1-800- 876-6227	A free, statewide helpline for New Mexico residents age 55 and older. The Program does not have any income restrictions. LREP is a joint project of the New Mexico State Bar Foundation and the New Mexico Aging and Long-Term Services Department. Examples of civil legal areas for which LREP frequently receives calls are: debt problems/bankruptcy, employment issues, foreclosure, kinship guardianship, grandparent visitation, guardianship, landlord/tenant Issues, Medicaid long-term care, Medicare, powers of attorney, probate, Social Security Disability, transfer-on death deeds, and general estate planning.
State Bar of New Mexico	5121 Masthead St. NE Albuquerque, NM 87109 PO Box 92860 Albuquerque, NM 87199- 2860	505-797-6000 or 1-800 876-6227	The State Bar is the governing organization of all the attorneys in New Mexico. Their website has a number of resources for the public. <u>Website</u> : https://www.sbnm.org/
Santa Fe Dreamers Project	1213 Mercantile Rd Santa Fe, NM 87507	505-490-2789 info@santafedreamersp roject.org	Offers a wide variety of immigration legal services free of charge. Services are focused on humanitarian protection, family-based immigration, citizenship services and employment authorization. <u>Website</u> : <u>http://www.santafedreamersproject.org/</u>
Online Bench and Bar Directory	Web-based platform	Visit webpage for more information.	A list of New Mexico attorneys searchable by name, location, areas of practice and other criteria. <u>Website</u> : https://www.sbnm.org/For-Public/I-Need-a-Lawyer/Online-Bar-Directory



#### Hospitals

RESOURCE	ADDRESS	CONTACT INFO.	RELEVENAT INFORMATION
<u>Presbyterian Espanola</u> <u>Hospital</u>	1010 Spruce St. Española, NM 87532	505-753-7111	Website: https://espanola-hospital.phs.org/Pages/default.aspx
Aspen Medical Center Urgent Care (Espanola Branch)	411 Santa Clara Bridge Road, Española, NM 87532	505-747-6939	Website: https://aspenmedicalcenter.com/espanola-branch/
Presbyterian Santa Fe Medical Center	4801 Beckner Road in Santa Fe	505-772-1234	Website: https://santa-fe-medical-center.phs.org/Pages/default.aspx
Los Alamos Medical Center	3917 W Rd, Los Alamos, NM 87544	505-662-4201	Website: https://www.losalamosmedicalcenter.com/
Christus St. Vincent	455 St. Michaels Drive Santa Fe , New Mexico 87505	505-983-3361; (505) 913-3934	Website: https://www.christushealth.org/st-vincent/services-treatments/emergency
Santa Fe Indian Hospital	1700 Cerrillos Rd, Santa Fe, NM 87505	505-946-9286	Santa Fe Service Unit serves nine Pueblos: San Felipe, Cochiti, Santo Domingo, Tesuque, Pojoaque, Nambe, San Ildefonso, Santa Clara and Ohkay Owingee. The Service Unit is comprised of: The hospital, clinics and urgent care in Santa Fe Field Clinics in Santa Clara, Cochiti and San Felipe Pueblos
			Website: https://www.ihs.gov/albuquerque/healthcarefacilities/santafe/



In case of an emergency, the following helplines can provide you with information, assistance, and connection to local and national resources. Those who are Deaf/Hard of Hearing may call 711 and Relay NM will connect with any phone number listed below.

#### If you or someone you know are experiencing a mental health crisis or in immediate danger, call 911.

#### Local & National Crisis Support Helplines

Resource	Description
	Crisis Support and Suicide Prevention
National Suicide Prevention Lifeline Call or text #988 https://988lifeline.org/chat/ National Spanish-Service Suicide Hotline 1-800-784-2432	<ul> <li>The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Your call is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local crisis centers provide crisis counseling and mental health referrals day and night.</li> <li>Spanish speaking suicide hotline.</li> </ul>
National Hopeline Network 1-800-SUICIDE; 1-800-743-2433; IMAlive.org	"Our focus is suicide prevention, awareness and education. We provide help and hope through college campus and high school events, online suicide crisis chat, suicide crisis hotlines and other educational programs."
Crisis Text Line Text HOME to 741741 to be connected to a trained Crisis Counselor for free, confidential support 24/7 or visit https://www.crisistextline.org/text-us/	Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support via a medium people already use and trust: text.
Agora Crisis Center 1-866-HELP-1-NM/1-855-505-4505 or chat online	A place that anyone can call when they have something to say. You don't have to be in crisis You can call to talk about good things, bad things, stress, anger, loneliness, or just to vent!



Resource	Description
New Mexico Crisis and Access Line 1 (855) NMCRISIS / 1 (855) 662-7474	A statewide 24/7 confidential mental health crisis line for anyone who resides in the State of New Mexico. Information/ referrals for food, housing, employment, healthcare, counseling, etc. Counselors have access to emergency workers if needed, are trained in assessing a crisis and responding with the least restrictive alternative. Visit their website at www.nmcrisisline.com
New Mexico Peer to Peer Warmline Call or text to connect with a peer 1 (855) 4NM- 7100 / 1 (855) 466-7100	Callers to the Warmline talk with other people who have had lived experience with mental illness and/or substance abuse. Call 7:00am-11:30pm or text 6pm-11pm, 7 days a week, 365 days a year.
Crisis Center of Northern NM 1-800-206-1656.	Help with orders of protection, housing assistance, counseling services and emergency shelter.
Help NM 505-753-7181	Emergency food, supplies, housing, and childcare.
Crisis Response of Santa Fe/Mobile Crisis Response Team (MCRT) 1-888-920-6333; 1-505-820-6333	Assists with psychiatric crisis through evaluation, intervention and treatment planning including hospitalization, if needed. Addresses suicide threat or attempts through assessment, prevention and intervention with individuals exhibiting suicidal behavior. Responds to substance abuse crisis using assessment, intervention, and treatment planning when imminent danger is the result of, or exacerbated by alcohol and drug abuse.
	Domestic Violence, Rape and Sexual Assault
National Domestic Violence Hotline 1-800-799-7233; 1-800-942-6908 (Español)	Phone and chat services are available to anyone who has been affected by relationship abuse, including those who are currently in abusive relationships, those who are working to heal, friends or family of victims and survivors and anyone in the community who has questions about domestic violence. Phone services are available in more than 200 languages.
Solace Crisis Treatment Center 1-800-721-7273	Solace offers 24 hour crisis advocacy line for rape or sexual assault along with services to help prevent violence and promote behaviors that create safer environments.
National Sexual Assault Telephone Hotline 1-800-656-HOPE (4673)	Whether you're looking for support, information, advice, or a referral, trained support specialists are ready to help. For more information, visit: rainn.org



Resource	Description
Community Against Violence (CAV) 24 - Hour Helpline: (575) 758-9888; Textline: (575) 770-2706	24-hour crisis intervention – providing emotional support, safety planning, advocacy and information for victims of domestic violence and sexual assault.
Sexual Assault Response Team (SANE) CHRISTUS St. Vincent 505.995.4999 or the SANE answering service at 505.989.5952	Program consists of specially trained sexual assault nurse examiners (SANE) at CHRISTUS St. Vincent and the sexual assault response team (SART) composed of a hospital clinician, Santa Fe Rape Crisis Center advocate, and law enforcement representatives, if indicated. The SANE/SART program provides medical care along with thorough documentation and collection of evidence that may be used to prosecute the crime. Sexual-assault survivors can also obtain immediate crisis-intervention counseling, and arrange for follow-up counseling. There is no charge for the basic exam. For more information, visit: https://www.christushealth.org/st-vincent/services-treatments/emergency/sexual-assault-response-team
Rape Crisis Center of Central New Mexico 505-266-7711 Local Albuquerque number (se habla español); 1-888-811-8282 (se habla español) Live chat: Ohl.rainn.org/online	This 24-hour crisis hotline and online chat service provides support, crisis intervention, resources, counseling and referrals to anyone affected by sexual violence. Visit RapeCrisisCNM.org for more information.
La Piñon Sexual Assault Recovery Services 1-888-595-3437 Toll free in NM (se habla español) 575-526-3437 Local Las Cruces number (se habla español)	Advocates provide 24-hour hotline crisis and first response services to survivors of sexual assault. La Piñon also provides comprehensive sexual assault recovery services for sexual abuse victims and their families. Visit lapinon.org for more information.
New Mexico Coalition of Sexual Assault Programs 1-888-883-8020 (Toll Free); 505-883-8020	The New Mexico Coalition of Sexual Assault Programs, a private, non-profit organization, was created and continues to exist to provide appropriate services to victims of sexual abuse.
Holy Cross Hospital Taos SANE Program (575) 751-8990 or (855) 223-SANE (7263)	Provides medical/forensic exams for individuals who have been sexually assaulted. SANE services include a physical assessment, emergency contraception, injury documentation, forensic photography, and evidence collection up to five days after the sexual assault. SANE Programs offer medication for sexually transmitted infections (STI) up to 30 days after the assault. Services are available 24 hours a day, provided at no cost, and are confidential. No ID is required. Individuals can receive a SANE exam without filing a police report. Visit <u>https://holycrossmedicalcenter.org/locations/holy-cross-hospital/sane/</u> for more information.



Resource	Description
Esperanza 24-Hour Shelter 1-800-473-5220	Emergency shelter for battered women and children
Domestic Violence Shelter Referral Hotline 1-800-773-3645	The 24-hour Shelter and Family Empowerment (S.A.F.E) hotline provides crisis support and referrals as needed for shelter and other services. Interpreter services are available 24 hours a day for Spanish, German, Vietnamese, Chinese and French. For more information, visit: safehousenm.org
New Mexico Human Trafficking Hotline: Call or text 505-GET-FREE/505-438-3733	Provides information and comprehensive programs (medical, psychological, educational, housing, and material assistance). No law enforcement cooperation is required for participation in the program. For more information, visit: www.505getfree.org
<b>Peace Keepers</b> 505-753-4790 or 1-800-400-8694 705 C La Joya St. Española, NM	Domestic Violence Program providing services to victims who are Native American or who are being victimized by a Native American and to offenders who are Native American or who are victimizing a Native American. For more information, visit: https://sites.google.com/enipc.org/peacekeepers/home
Love is Respect 1-866-331-9474 or Text 'LOVEIS' to 22522	Confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the US. Visit loveisrespect.org for more information.
Companion Animal Rescue Effort (CARE) for Domestic Violence Victims' Pets 505-533-CARE or 505-533-2273 or email care@apnm.org	Provides financial assistance through mini grants covering expenses for veterinary care and safe boarding of companion animals for people escaping domestic violence.
	> Child Abuse
<b>Child Abuse Statewide Intake</b> 1-855-333-SAFE (7233) or #SAFE from cell phones	Report suspected child abuse or neglect by calling #SAFE (#7233) from a cell phone or 1-855-333-SAFE. Protective services investigate reports of child maltreatment and intervene to keep New Mexico's children safe.
Childhelp National Child Abuse Hotline 1-800-422-4453 or https://www.childhelp.org/	Helps those impacted by child abuse by providing 24/7 confidential crisis counselor support in over 170 languages.



Resource	Description
<b>CYFD Espanola</b> 505-753-7191	New Mexico Children, Youth and Families Department provides an array of prevention, intervention, rehabilitative and after-care services to New Mexico children and their families.
	Senior and Disabled Adults
Adult Protective Services Statewide Intake 1-866-654-3219 or 1-505-476-4912	Provides intervention and investigation of reports of suspected elder abuse or neglect.
Aging and Disability Resource Center (ADRC) 1-800-432-2080	Assists elders, persons with disabilities and caregivers to find services and resources to help them live well and independently. For more information, visit: https://nmaging.state.nm.us/services/aging-disability- resource-center-adrc
	> LGBTQ+
Trevor Lifeline Text the word "START" to 678-678 or call 1-866- 488-7386	Crisis intervention and suicide prevention for LGBTQ and questioning youth available 24/7/365. Visit thetrevorproject.org
<b>Trans Lifeline</b> 1-877-565-8860	Offers direct emotional and financial support to trans people in crisis – for the trans community, by the trans community. For more information, visit: translifeline.org
LGBT National Hotline 1-888-THE-GLNH (843-4564)	Provides a safe space for all ages that is anonymous and confidential where callers can speak on many different issues and concerns including, but limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more. For more information, visit: https://www.glbthotline.org/national-hotline.html
	> Veterans
Veterans Crisis Line 1 (855) 838-8255 or text 1-732-333-3634	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to



Resource	Description
	838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available. Visit vets4warriors.com for more information.
Veteran's Crisis Hotline 1-877-VET2VET (838-2838)	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline. VET2VET is a confidential connection which uses trained peer veterans ready to provide hope and help 24 hours a day, 7 days a week. In addition the peer counselor will help the soldier or veteran navigate the often complex VA system to access the mental health resources that are being sought.
National Call Center for Homeless Veterans (877) 4AID-VET (877-424-3838)	Call line to assist veterans who are homeless or at imminent risk of homelessness. Veterans who do not have access to a phone or the internet can visit their closest VA medical center for assistance.
	Substance Abuse Helplines
New Mexico Substance Abuse Helpline 1-855-505-4505	Help for alcohol and drug abuse.
SAMHSA's National Helpline 1-800-662-4357	Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. For more information, visit: https://www.samhsa.gov/find-help/national-helpline
New Mexico Poison and Drug Information Center 1-800-222-1222	Provides guidance around poison emergencies. For more information, visit: https://nmpoisoncenter.unm.edu/
Drug Rehab Connections 1-888-307-7010	Provides assistance with finding the right drug rehab solution. For more information, visit: drugrehabconnections.com

Resource	Description	
Al-Anon/Alateen Family Groups 1-800-344-2666	Provides resources, education and listings of support meetings for people whose lives have been affected by someone else's drinking. For more information, visit: https://al-anon.org/	
<b>Cocaine Anonymous</b> 1-800-347-8998	A fellowship of men and women who share their experiences in recovery from cocaine addiction. Provides additional resources, support and meeting finder support. For more information, visit: ca.org	
<b>Cocaine Addiction Treatment 24-Hour Support</b> 1-800-559-9503	Information, treatment options and trained addiction specialists to assist in navigating the treatment search. For more information, visit: 800cocaine.com	
<b>Be Sober Hotline</b> 1-800-BE-SOBER (1-800-237-6237)	Help for alcohol and drug abuse.	
Mothers Against Drunk Driving (M.A.D.D.) Victim's Help Line 877-MADD-HELP (1-877-623-3435)	MADD has trained victim advocates to provide services across the country. Staff and volunteers are available nationwide 24-hours a day, 7 days a week, and can help you, your family and loved ones by providing emotional support, guidance through the criminal and civil justice systems, accompanying victims and survivors to court, referring victims and survivors to appropriate resources for additional help and providing supportive materials on victimization topics.For more information, visit: madd.org	
National Association for Children of Addiction (NACoA)	NACoA offers resources for everyone, including providing support for professionals with tools and training in order to better support individuals in pain due to alcohol and drug dependency in their families. Visit <u>https://nacoa.org</u> for more information.	
Start Your Recovery	Support for overcoming substance misuse. Visit <u>https://startyourrecovery.org</u> for more information.	
New Mexico Area 46 Alcoholics Anonymous nm-aa.org	Information about Alcoholics Anonymous, area meetings and activities, and ways to contact AA in New Mexico.	
Rio Grande Region of Narcotics Anonymous riograndena.org	Information about Narcotics Anonymous and area meetings in the Rio Grande Region of New Mexico.	



Resource	Description
	Runaway Helplines
National Runaway Safeline 1-800-RUN-AWAY or 1-800-786-2929	Connect with a trusted, compassionate person who will listen and help you create a plan to address your concerns. Support also provided to parents and family who may be having trouble talking to the youth in their life at home or if they have already run away, assistance provided in developing a plan.For more information, visit: https://www.1800runaway.org/
National Center for Missing & Exploited Children 1-800-THE-LOST (1-800-843-5678)	To report information about a missing child and/or connect with supports/guidance throughout the process. For more information, visit: https://www.missingkids.org/HOME
Child Find of America Helpline 1-800-I-AM-LOST (1-800-426-5678)	Provides professional services to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse. Free programs and services are available nationally and internationally. Hotline connects callers to an in-house location staff who search for missing, kidnapped, runaway and abducted children. For more information, visit childfindofamerica.org
<b>Team HOPE</b> 866-305-HOPE (4673)	Peer-support model pairs you with a volunteer who has experienced a similar situation to yours. Team HOPE's trained volunteers can help people in crisis with a missing, sexually exploited, or recovered child and provide peer and emotional support to people who have or were missing, sexually exploited, and recovered or located children. All Team HOPE support is phone-based and offered free of charge. For more information, visit: https://www.missingkids.org/gethelpnow/support/teamhope
Youth Shelters & Family Services 505-983-0586	24/7 Youth Emergency Shelter (ages 10-17), Cold Weather Shelter (ages 18-22), Transitional Living (ages 17-22), Rapid Rehousing (ages 18-24), Food Pantry, and Street Outreach. Drop-In Center, where youth can obtain food, take a shower, do laundry, use computers, and call family and friends. Community Counseling Center serves children, youth and families who are homeless, nearly homeless, or otherwise in crisis. Pregnant and Parenting Assistance. For more information, visit: https://youthshelters.org/
	Sexual Health & Pregnancy
Planned Parenthood 1-800-230-7526 or text "PPNOW" to 774636 (PPINFO)	Provides education and services to men and women which include pregnancy, birth control, emergency contraception, STDs, sexual dysfunction, cancer and abortion. For more information, visit: www.plannedparenthood.org



Resource	Description
POSTPARTUM DEPRESSION (PPD) MOMS HOTLINE (800) PPDMOMS or 1-800 773-6667	Available support 24 hours a day, 7 days a week for mother and their family and/or friends. Offers support, information and referrals.
POSTPARTUM SUPPORT INTERNATIONAL (PSI) WARMLINE 1-800-944-4773(4PPD)	The PSI Warmline is a toll-free telephone number anyone can call to get basic information, support, and resources.
MISS Foundation https://nationalshare.org/	Share is a community for anyone whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth, or in the first few months of life. Share serve parents, grandparents, siblings, friends, as well as the professionals who care for grieving families. Share provides support, resources, and education along with Online Support Groups. For more information, visit https://nationalshare.org/
Birthright 1-800-550-4900	Birthright provides support to girls and women who are distressed by an unplanned pregnancy and offers support and alternatives to abortion. All Birthright services are free, absolutely confidential and available to all women. For more information, visit: birthright.org
<b>Emergency Contraception Hotline</b> 1-888-NOT2LATE	This automated directory provides a listing of doctors, hospitals, and family planning clinics that provide emergency contraception options.
America's Pregnancy Hotline 1-800-672-2296	This is a national free service providing counseling and information regarding having a healthy pregnancy and how to explore options for an unplanned pregnancy.
National Sexually Transmitted Disease Hotline 1-800-227-8922	This hotline, sponsored by the CDC, provides anonymous, confidential information on the treatment and prevention of sexually transmitted infections and diseases as well as referrals to local testing sites.



Resource	Description
National Abortion Federation (NAF) Hotline 1-800-772-9100	Available to answer any questions you may have about abortion, unintended pregnancy, or related issues. The Hotline is free, completely anonymous, and offers services to everyone, regardless of their individual situation. For more information, visit: https://abortionfunds.org/fund/national-abortion-federation- hotline/
	Coronavirus Hotlines
Coronavirus Health Hotline 1-855-600-3453	Please use the number noted if you have HEALTH related questions about the Coronavirus.
<b>Coronavirus Information Hotline</b> 1-833-551-0518	Please use the number noted if you have questions about school closures, job issues etc.
NMDOH Coronavirus Microsite cv.nmhealth.org	This microsite has been established to be a resource for the public for all things COVID-19.
	> Additional Supports and Helplines
<b>211</b> Call 2-1-1 or visit https://www.211ct.org/	Connects callers, at no costs, to health and human services resources in their community. Provides referrals for housing, food, financial assistance, healthcare, mental health, crisis, daycare/child care, recreational programs and legal assistance.
National Alliance on Mental Illness (NAMI) 1-800-950-NAMI (1-800-950-6264)	The NAMI HelpLine is a free service that provides information, referrals, and support to people living with a mental health condition, family members and caregivers, mental health providers and the public. For more information, visit: naminewmexico.org



Resource	Description
Racial Equity Support Line 503-575-3764	A service led and staffed by people with lived experience of racism. Offers support to those who are feeling the emotional impacts of racist violence and microaggressions, as well as the emotional impacts of immigration struggles and other cross-cultural issues. For more information, visit: https://www.linesforlife.org/racial-equity-support-line/
National Eating Disorders Center Helpline 1-800-931-2237	National Eating Disorders Association (NEDA) supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care. For more information visit: https://www.nationaleatingdisorders.org/help-support
Shoplifters Anonymous 1-800-848-9595	Visit shopliftingprevention.org for more information.
National Problem Gambling Hotline Call 1-800-522-4700 Chat ncpgambling.org/chat Text 1-800-522-4700	The network is a single national access point to local resources for those seeking help for a gambling problem. The network consists of 28 call centers which provide resources and referrals for all 50 states, Canada and the US Virgin Islands. Help is available 24/7 and is 100% confidential. For more information visit: ncpgambling.org
Disaster Distress Hotline (SAMHSA) Call or text 1-800-985-5990	Crisis counseling for people who are experiencing emotional distress related to any natural or human- caused disaster. For more information visit: https://www.samhsa.gov/find-help/disaster-distress-helpline
The New Mexico Healthcare Worker and First Responder Support Line 1-855-507-5509	24/7 support line specifically tailored for healthcare workers and first responders. Support line is also available to those who may have concerns about a friend, colleague, or family member. For more information visit: https://nmcrisisline.com/healthcare-worker-and-first-responder-support-line/
<b>Tewa Women United Community Resources</b> (505) 747-3259	Services for indigenous women that offer support for alcohol, substance, suicide, domestic and sexual violence, doulas, environmental justice, women's health and leadership building. For more information, visit: tewawomenunited.org
Strong Hearts Native Helpline 1-844-7NATIVE (762-8483)	24/7 safe, confidential and anonymous domestic, dating and sexual violence helpline for American Indians and Alaska Natives, offering culturally-appropriate support and advocacy. For more information, visit: strongheartshelpline.org
www.wernative.org or text NATIVEto 97779	A comprehensive health resource for Native youth by Native youth, promoting holistic health and positive growth through the teachings of Native culture, history, and current events.



Resource	Description
<b>TXT 4 HELP</b> Text SAFE and your current location (address, city, state) to 4HELP (44357) for immediate help.	Nationwide, 24-hour text-for-support service for teens in crisis. If you're in trouble or need help, text SAFE and your current location (address, city, state) to 4HELP (44357) for immediate help.
Child Find's Parent Help Program 1-800-716-3468	Provides professional services designed to defuse family conflicts that can lead to abduction and abuse such as crisis intervention, conflict management, safety planning, communication, and parenting skill-building. We also offer training programs for parents and allied professionals. For more information, visit: https://childfindofamerica.org/services/parent-help/
National Parent Helpline 1-855- 4A PARENT (1-855-427-2736)	Being a parent is a critically important job, 24 hours a day. It's not always easy. Call the National Parent Helpline to get emotional support from a trained Advocate and become empowered and a stronger parent. For more information, visit: nationalparenthelpline.org
MISS Foundation https://www.missfoundation.org/grieving/	MISS Foundation is an international, volunteer-based organization providing C.A.R.E.S. [Counseling, Advocacy, Research, Education and Support] services to families experiencing the death of a child. Along with various resources and supports, provides monthly, free support groups in various locations around the world.
Brain Injury Association 1-800-444-6443	Resources, support and education for those suffering with a brain injury, their loved ones and professionals. For more information, visit: biausa.org
National Center for Learning Disabilities 1-888-575-7373	Offering resources to improve the lives of all people with learning difficulties and disabilities, empowering parents, enabling young adults, transforming schools, and creating policy and advocacy impact. For more information, visit: https://www.ncld.org/
Health Information Lines	For an extensive list of health information lines covering a multitude of medical related illnesses, visit https://www.nih.gov/health-information/health-info-lines
Hotlines outside the US	For an extensive list of hotlines outside of the United States, visit: https://www.befrienders.org/

